

# You Have My Word

Count: 32

Wand: 2

Ebene: Intermediate

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Musik: My Word - Derran Day



**Intro: 16 Counts, Start at approx 17 secs**

## **SEC 1 Out Out, Ball Cross, Rock, Recover $\frac{5}{8}$ Hitch, Rock, $\frac{1}{2}$ Step, Step, $\frac{1}{2}$ Pivot, Step, $\frac{1}{2}$ Pivot**

- a1 Step right to right, step left to left  
a2 Step right beside left, cross left over right  
Arms a1) Place both arms up  
a2) Drop both arms down

### **Styling Drop body bending both knees**

- 3-4 Rock right to right, recover weight onto left turn  $\frac{5}{8}$  left hitching right (4:30)  
5-6& Rock right forward, recover weight onto left, turn  $\frac{1}{2}$  right step right forward (10:30)  
7& Step left forward, pivot  $\frac{1}{2}$  right transferring weight onto right (4:30)  
8& Step left forward, pivot  $\frac{1}{2}$  right transferring weight onto right (10:30)

## **SEC 2 Run, Rock, Recover Sweep, Back Sweep, Back, $1\frac{1}{8}$ Rolling Vine, Sway, Sway, $\frac{1}{4}$ Step, $\frac{5}{8}$ Turn Lift, Back, $\frac{1}{2}$ Step**

- a1-2 Step left forward, rock right forward, recover weight onto left sweeping right from front to back  
&3 Step right back sweeping left from front to back, step left back  
4&5 Turn  $\frac{3}{8}$  right step right forward, turn  $\frac{1}{2}$  right step left back, turn  $\frac{1}{4}$  right step right to right swaying body right (12:00)  
6& Sway body left, sway body right  
7& Turn  $\frac{1}{4}$  left step left forward, turn  $\frac{5}{8}$  left lifting right back (1:30)  
8& Turn  $\frac{1}{4}$  left step right back, turn  $\frac{1}{4}$  left step left forward (7:30)

**Restart Here on Wall 3, Square up to 12:00 then restart**

## **SEC 3 Step, Jump, Rock & Back, $\frac{5}{8}$ Weave, Arm Movements, $\frac{1}{4}$ Step Hitch $\frac{1}{2}$ Back, $\frac{3}{4}$ Step Sweep**

- 1& Step right forward, jump on right lifting left back  
2&3 Rock left forward, recover weight onto right, step left back  
4&5 Step right back, turn  $\frac{3}{8}$  left step left forward, turn  $\frac{1}{4}$  left step right to right (12:00)  
Arms 5) Raise both arms forward above shoulder height  
6-7& Hold for 2 counts, Prep body  $\frac{1}{4}$  right  
Arms 6) Lower arms to shoulder height  
&a) Take right arm to left, left arm to right, crossing left arm in front right, uncross arms  
7) Take both arms to sides  
8&1 Turn  $\frac{1}{4}$  left step left forward hitch right, turn  $\frac{1}{2}$  left step right back, turn  $\frac{3}{4}$  left step left forward sweeping right from back to front (6:00)

## **SEC 4 Weave, Sweep, Behind, Side, Cross Rock & $\frac{1}{4}$ Step, $\frac{3}{4}$ Run Around**

- 2&3 Cross right over left, step left to left, step right behind left sweeping left from front to back  
4& Step left behind right, step right to right  
5-6& Cross rock left over right, recover weight onto right, turn  $\frac{1}{4}$  left step left forward (3:00)  
7&8& Turn  $\frac{1}{4}$  left step right forward, turn  $\frac{1}{4}$  left step left forward, turn  $\frac{1}{4}$  left step right forward, step left forward (6:00)