

Weekend Sha Na Na

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Jennifer Choo Sue Chin (MY) & EWS Winson (MY) - September 2022

Musik: Sha Na Na - Amy Mastura



Intro : 48 counts in (Approx 0.28 sec)

Note(s) : There is a Restart on Wall 6 after counts 14& with step changes. We'd recommend the song to be slowed down by 10%

#1 (1-8) ½ (L) with R Forward Lock Steps, ¼ (R) with L Hitch, L Forward Lock Steps, ¼ (L) with R Hitch, R Modified Jazz Box ½ (R) with R Side Hop X2

- 1&2& Weight on LF: Turn ½ L stepping RF forward (1), lock LF behind RF (&), step RF forward (2), turn ¼ R lifting L knee beside RF (&) 1.30
- 3&4& Step LF forward (3), lock RF behind LF (&), step LF forward (4), turn ¼ L lifting R knee beside LF (&) 10.30
- 5-6 Cross RF over LF (5), turn ½ R stepping LF back (6) 12.00
- 7&8 Step RF to R side (7), hop RF to R side twice (7--8) 12.00

#2 (9-16) L Jazz Box Cross with L-R Toes Strutted, L-R Side Swivel Heels-Toes-Heels

- 1&2& Cross touch L toes over RF (1), drop L heel in place (&), touch R toes back (2), drop R heel in place (&) 12.00
- 3&4& Touch L toes to L side (3), drop L heel in place (&), cross touch R toes over LF (1), drop R heel in place (&) 12.00
- 5&6 Step LF to L side swivelling both heels to L side (5), swivel both toes to L side (&), swivel both heels to L side (6) *** 12.00

On Wall 6, replace 7&8 with "Rock RF back (7), recover weight on LF (&), lift R knee beside LF (8)". Begin the dance again, facing 9.00 o'clock.

- 7&8 Swivel both heels to R side (7), swivel both toes to R side (&), swivel both heels to R side (8) 12.00

#3 (17-24) L Sailor Step, R Behind, ¼ (L) with L Forward, R Forward, L-R Charleston Steps

- 1&2 Cross LF behind RF (1), step RF to R side (&), step LF to L side (2) 12.00
- 3&4 Cross RF behind LF (3), turn ¼ L stepping LF forward (&), step RF forward (4) 9.00
- 5-8 Swing LF from back to front and touch L toes forward (5), swing LF from front to back and step LF back (6), swing RF from front to back and touch R toes back (7), swing RF from back to front and step RF forward (8)- Can swivel heels out & in 9.00

#4 (25-32) L-R Rumba Box, L-R Back Diagonal Touches & Clap, L Coaster Step, R Hitch

- 1&2 Step LF to L side (1), close RF beside LF (&), step LF forward (2) 9.00
- 3&4 Step RF to R side (3), close LF beside RF (&), step RF back (4) 9.00
- 5&6& Step LF back to L diagonal (5), touch R toes beside LF and clap hands (&), step RF back to R diagonal (6), touch L toes beside RF and clap hands (&) 9.00
- 7&8& Step LF back (7), close RF beside LF (&), step LF forward (8), lift R knee beside LF (&) 9.00

Last Update - 29 Sept. 2022