

My September Cha

Count: 32

Wand: 4

Ebene: Improver Cha Cha

Choreograf/in: Harry Heng (INA) - September 2022

Musik: September (ChaChaCha - 31 BPM) - DJ Maksy



I : HEEL GRIND, ¼ TURN R, STEP BACK L-R, BACK LOCKED STEP, ROCK BACK, RECOVER, FWD LOCKED STEP

- 1 - 3 Heel Grind On R (1), ¼ Turn R Step L Back (2), Step R Back (3)
4 & 5 Step L Back (4), Locked R Over L (&), Step L Back (5)
6 - 7 Rock R Back (6), Recover On L (7), (Optional Move, Flick L On Count 7)
8 & Step R Forward (8), Locked L Behind R (&)

II : STEP FORWARD, FORWARD LOCKED STEPS, ROCK FORWARD, RECOVER, ¼ TURN L CHASSE

- 1 Step R Forward (1),
2 & 3 Step L Forward (2), Locked R Behind L (&), Step L Forward (3)
4 & 5 Rock R Forward (4), Locked L Behind R (&), Step R Forward (5)
6 - 7 Step L Forward (6), Recover On R (7)
8& ¼ Turn L Step L To L Side (8), Close R Beside L (&),

III : STEP SIDE, KICK BALL TOUCHES R-L, STEP FORWARD, ½ TURN L SWEEP L, SAILOR STEP

- 1 Step L To L Side (1),
2 & 3 Kick R Forward (2), Ball Close R Beside L (&), Touch L Outto L Side (3),
4 & 5 Kick L Forward (4), Ball Close L Beside R (&), Touch R Outto R Side (5),
6 - 7 Step R Forward (6), ½ Turn L Sweep L From Front To Back (7),
8& Step L Behind L (8), Step R To R Side (&)

IV : STEP TO SIDE, TRIPLE STEP L-R, ROCK FORWARD, RECOVER, ¼ TURN R STEP TO SIDE, CLOSE TOGETHER

- 1 Step L To L Side (1),
2 & 3 Step R Beside R (2), Step L In Place (&), Step R To R Side (3),
4 & 5 Step L Beside L (4), Step R In Place (&), Step L To R Side (5),
6 - 7 Step R Forward (6), Recover On L (7),
8& ¼ Turn R Step R To R Side (8). Close L Beside R (&)
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