

La Mucara

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Kathy Kearey (AUS) - June 2022

Musik: La Mucara - The Mavericks



Start: After 32 count intro

SIDE ROCK CROSS x2, ¼ TURNING HIP ROCKS x2

- 1&2 Step/rock R to side, recover onto L, cross R over L
- 3&4 Step/rock L to side, recover onto R, cross L over R
- 5-6 Turn ¼ to left, stepping R to side and swaying hips R, L
- 7-8 Repeat 5-6 (6:00)

CROSS SHUFFLE x2, SIDE ROCK BACK LOCK BACK

- 9&10 Cross R over L, shuffle R, L, R
- 11&12 Cross L over R, shuffle L, R, L
- 13-14 Step/rock R to side, recover onto L
- 15&16 Step R back, lock L in front of R, step R back

¼ TURN x 5, STEP, ½ TURN SHUFFLE FORWARD

- 17-18 Turn ¼ to left and step/rock L forward (3:00), recover onto R turning ¼ to right (6:00)
- 19-20 Turn ¼ to right and step/rock L forward (9:00), recover onto R turning ¼ to left (6:00)
- 21-22 Turn ¼ to left stepping L forward, step R forward (3:00)
- 23&24 Turn ½ to left shuffling forward L, R, L (9:00)

CROSS ROCK COASTER STEP x2

- 25-26 Cross/rock R over L, recover onto L
- 27&28 Step R back, step L next to R, step R forward
- 29-30 Cross/rock L over R, recover onto R
- 31&32 Step L back, step R next to L, step L forward

REPEAT
