

# Take These Chains From My Heart

**COPPER** **KNOB**  
BY STEPHENETS

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Kathy Kearey (AUS) - October 2021

Musik: Take These Chains from My Heart - Lee Roy Parnell



**Start: After 32 count intro**

## **VINE RIGHT WITH HITCH, STEP BACK HITCH x2**

- 1-2 Step R to side, step L behind R
- 3-4 Step R to side, lift L knee
- 5-6 Step L back, lift R knee
- 7-8 Step R back, lift L knee

## **STEP TOE RECOVER HITCH, STEP LOCK STEP SCUFF**

- 9-10 Step L forward, tap R toe behind L
- 11-12 Recover onto R, lift L knee
- 13-14 Step L forward, lock R behind L
- 15-16 Step L forward, scuff R forward

## **STEP ½ TURN STEP HOLD, STEP ¼ TURN CROSS HOLD**

- 17-18 Step R forward, turn ½ to left
- 19-20 Step R forward, hold
- 21-22 Step L forward, turn ¼ to right
- 23-24 Cross L over R, hold

## **¼ MONTEREY TURNS x2**

- 25-26 Point R to side, turn ¼ to right bringing R in next to L
- 27-28 Point L to side, step L next to R
- 29-32 Repeat 25-28

**REPEAT**

**Last Update: 28 Sep 2023**

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