

My Bella Donna

Count: 32

Wand: 4

Ebene: Novice

Choreograf/in: Hapiz Hamzah (INA) - August 2022

Musik: Bella Donna - Pietro Lombardi



Intro : 16 Count

SECTION 1: SAMBA WHISK - BOTAFOGO

- 1-a2 Step R to right side, tap ball back on L, step R inplace
- 3-a4 Step L to left side, tap ball back on R, step R inplace
- 5-a6 Cross R over L, step L to left side, recover on R
- 7-a8 Cross L over R, step R to right side, recover on L

SECTION 2: HALF DIAMOND - CARIOCA RUNS

- 1-&2 Step forward on R, 1/8 turn right step back on L, step back R hitch L (01.30)
- 3-&4 Step back on L, 1/4 turn right step forward on R(04.30), step forward on L
- 5-a6 Cross R over L, 1/8 turn right step L to left side(06.00), point R forward (body angle to right diagonal, 07.30)
- a7-a8 Step R beside L, cross L over R, step R to right side, point L forward (body angle to left diagonal 04.30)

SECTION 3: CRISS CROSS VOLTAS - SPOT VOLTA TURN

- a1-a2 Step L in place, 3/8 turn right cross R over L, Step L beside(09.00), cross R over L
- 3-a4 1/2 turn left cross L over R(03.00), step R to right side, cross L over R
- 5-a6 1/2 turn right step forward on R(09.00), step forward on L, 1/2 turn right step forward on R inplace(03.00)
- 7-a8 1/2 turn left step forward on L (09.00), step forward on R, 1/2 turn left step forward on L inplace(03.00)

SECTION 4: CORTA JACA

- 1-2&3 Step forward on R, heel forward on L, recover on R, step ball R back
- &4&5 Recover on L, heel forward on L, recover on R, step L beside R
- 6&7 Step ball R back, recover on L, heel forward on R
- &8& Recover on L, step ball R back, recover on L

NOTE

RESTART - on Walls 4 & 8, after 16 Counts

Change direction to 12.00

Enjoy the dance

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