No Body



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Vibeke B. Søgaard (DK) - August 2022

Musik: No Body - Blake Shelton: (Spotify)



*6 Tags and 0 Restart.

#16 count intro - Start feet together weight on L

Sec 1: V Step - Chasse R - Back Rock

1 - 2 Step R forward to R diagonal, Step L forward to L diagon	al
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3 - 4 Step R back to place, Step L back to place5&6 Step R to R side, Step L next to R, Step R to R

7 - 8 Step L behind R, Recover weight on R

Sec 2: V Step - Chasse L - Back Rock

1 - 2 Step L forward to	L diagonal. Ste	ep R forward to R diagonal
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3 - 4 Step L back to place, Step R back to place
5&6 Step L to L side, Step R next to L, Step L to L

7 - 8 Step R behind L, Recover weight on L

Sec 3: Side Mambo - Jazz Box with 1/4 turn

1&2	Step R to side, Recover on L, Close R together
3&4	Step L to side, Recover on R, Close L together

5 - 6 Step R across L, Step L back

7 - 8 Step R forward wile turn ¼ R, Step L across R

Sec 4: Stomp X2, Brush down and up and Clap - Sailor step X2

4 ^	0, 0, 0, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1,
1 - 2	Stomp R to R side, stomp L to L side
1 - 4	

3&4 Swing both arms brushing the sides of your hips down and up, and clap hands

Step R behind L, Step L to side, Step R in place,Step L behind R, Step R in place, Step L in place

TAG: Vaudeville & Rocking chair

1&2&	Cross R over L, Step L to L side , R heel to R diagonal, Step R in place
3&4&	Cross L over R, Step R to R side, L heel to L diagonal, Step L in place

5 - 8 Rock forward on R, recover on L, rock back on R, recover on L

Wall 1 after 32 count TAG

Wall 4 after 32 count TAG without Rocking chair

Wall 6 after 32 count 2 X TAG Wall 8 after 32 count 2 X TAG

Have fun

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Last Update: 25 Aug 2022