<ul> <li>Step L to L side, cross rock R behind L, recover weight to L.</li> <li>Make ¼ turn R stepping forward on to R sweeping L in front of R.</li> <li>Cross rock L over R, recover weight R.</li> <li>Cross step L behind R, step R to R side. (3 o'clock).</li> </ul> Cross with Sweep, Cross, Tap, Step Back with Sweep, Sailor ½ Turn Cross Right, ¾ Turn Right, Point Left, 4, Point Right, &. Lass Cross L over R sweeping R in front of L, cross R over L, tap L toe behind R, step back on L sweeping R to behind L. Make ¼ turn R stepping Dack on L, make ½ turn R stepping forward on R. Atternative steps for counts 485,68: R sailor step, cross step L behind R, make ¼ turn R stepping forward on A. Make ¼ turn R stepping Dack on L, make ½ turn R stepping forward on R. Atternative steps for counts 485,68: R sailor step, cross step L behind R, make ¼ turn R stepping forward on A. Step Eaft Forward with Sweep of Right, 3/8 Diamond Fallaway Right, Step ½ Pivot Turn Left, Rock, Recover, Step Back, Step Back with Sweep. I Step forward on L sweeping R in front of L. 283 Cross R over L making 1/8 turn R, step L to L side, step back on R (facing 7.30). 185 Step back on L, make 1/8 turn R stepping R to R side, make 1/8 turn R stepping forward on L (facing 10.30). 184 Step forward on R, make ½ turn R (facing 4.30). 7,8 Rock forward on R, make ½ turn R (facing 4.30). 7,8 Rock forward on R, make ½ turn R (facing 4.30). 7,8 Rock forward on R, make ½ turn R (facing 4.30). 7,8 Rock forward on R, make ½ turn R stepping R to L side, cross R over L (facing 3.00). 184 Make ¼ turn R stepping back on L, make ½ turn R stepping R to R side. 195 Ac forward on R, make ½ turn R stepping R to R side. 196 Cross, Rover, R, step back L sweeping R behind L, (4.30 o'clock). 197 Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00). 184 Make 1/8 turn L cross stepping R behind L, step L to	My Tre	asure			CO	PPER KNOB
Musik: My Pleasure - Emeil Sandé : (Album: Let's Say For Instance.)         44 Count Intro - Approx 4 secs - Start on the word 'Pleasure'. 80 BPM.         Teack Approx 3 mins 07 secs. Track available from Tunes.co.uk - deedeemusk@gmail.com.         -No Tags or Restarts         Side, Back Rock, Recover, Side, Back Rock, Recover, % Turn Right with Sweep of Left, Cross Rock,         2.8       Step R to R side, cross rock L behind R, recover weight to R.         2.4       Step L to L side, cross rock R behind L, recover weight to L.         5       Make ½ turn R stepping forward on to R sweeping L in front of R.         2.4       Rock L to L side, recover weight R.         7.8       Rock L to L side, recover weight R.         7.8       Rock L to L side, recover weight R.         7.8       Rock L to L side, recover weight R.         7.8       Rock L to L side, recover weight R.         7.8       Rock L to L side, recover weight R.         7.8       Rock L to L side, recover weight R.         8.4       Orross step L behind R, step R to R side, 'turn R ross Rover L, tap L toe behind R, step back on L sweeping R to trans the stepping to roward on R.         8.4       Nake ½ a turn R stepping Back on L, make ½ turn R stepping forward on R.         8.4       Nake ½ turn R stepping R behind L, step L to L side, cross R over L.         8.4       Noint L to L side, step L beside R, point R to R side, make 1/8 t				Ebene: Intermediate		
<ul> <li>Track Approx 3 mins 07 secs. Track available from ITunes.co.uk - deedeemusk@gmail.com.</li> <li>No Tags or Restarts</li> <li>Side, Back Rock, Recover, Side, Back Rock, Recover, ¼ Turn Right with Sweep of Left, Cross Rock, Recover, Side Rock, Recover, Behind, Side.</li> <li>1,2&amp; Step R to R side, cross rock L behind R, recover weight to R.</li> <li>1,2&amp; Step L to L side, cross rock R behind L, recover weight to L.</li> <li>Make ¼ turn R stepping forward on to R sweeping L in front of R.</li> <li>Cross rock L over R, recover weight R.</li> <li>Rock L to L side, recover weight R.</li> <li>Rock L to L side, recover weight R.</li> <li>Cross step L behind R, step R to R side. (3 o'clock).</li> </ul> Cross with Sweep, Cross, Tap, Step Back with Sweep, Sailor ¼ Turn Cross Right, ¼ Turn Right, Point Left, A, Point Right, & Cross L over R sweeping R in front of L, cross R over L, tap L to behind R, step back on L sweeping R to behind L. Make ¼ turn R stepping back on L, make ½ turn R stepping forward on R. Atternative steps for counts 485,68: R sailor step, cross step L behind R, make ¼ turn R stepping forward on R. Atternative steps for rounts 485,68: R sailor step, cross step L behind R, make ¼ turn R stepping forward on R. Atternative step Sack with Sweep of Right, 3/8 Diamond Fallaway Right, Step ½ Pivot Turn Left, Rock, Recover, Step Back with Sweep. I Step forward on R, make ½ turn R stepping R to R side, step back on R (facing 7.30). 84 Step Forward on R, make ½ turn R stepping R behind L. (4.30 o'clock). 75 Pack on L, make 1/8 turn R stepping R behind L. (4.30 o'clock). 76 Turn Left, Step Full Spiral Turn eff, Step Full Spiral Turn eff, Step, Touch with Dip. 78 Make 1/8 turn R stepping behind L. (4.30 o'clock). 78 Turn Left, Step Full Spiral Turn eff, Step, Touch with Dip. 78 Make 1/8 turn R stepping behind L, step L to L side, cross R over L (facing 3.00). 78 Kep, Toruch with Dip. 79 Make 1/8 turn R step	•			et's Say For Instance.)	)	
<ul> <li>Step Cover, Side Rock, Recover, Behind, Side.</li> <li>1,28. Step R to R side, cross rock L behind R, recover weight to R.</li> <li>34. Step L to L side, cross rock R behind L, recover weight to L.</li> <li>5 Make ¼ turn R stepping forward on to R sweeping L in front of R.</li> <li>74. Rock L to L side, cross rock R behind L, recover weight R.</li> <li>75. Cross step L behind R, step R to R side. (3 o'clock).</li> <li>Cross step L behind R, step R to R side. (3 o'clock).</li> <li>Cross step L behind R, step R to R side. (3 o'clock).</li> <li>Cross with Sweep, Cross, Tap, Step Back with Sweep, Sailor ½ Turn Cross Right, ¾ Turn Right, Point Left, a, Point Right, &amp;.</li> <li>1.28. Cross L over R sweeping R in front of L, cross R over L, tap L toe behind R, step back on L sweeping R to behind L.</li> <li>1.48. Make ½ turn R stepping back on L, make ½ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5.68: R sailor step, cross step L behind R, make ¼ turn R stepping forward on 3.</li> <li>2.88. Point L to L side, step L beside R, point R to R side, step X Pivot Turn Left, Rock, Recover, Step Back with Sweep.</li> <li>1 Step forward on L sweeping R in front of L.</li> <li>Cross R over L making 1/8 turn R, step L to L side, step X Pivot Turn Left, Rock, Recover, Step Back, Step Back on L, make 1/8 turn R stepping forward on L (facing 10.30).</li> <li>38. Step forward on R, make ½ turn L (facing 4.30).</li> <li>39. Step forward on R, make ½ turn R light, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn Left, Step Full Spiral Turn Left, Step Full Spiral Turn Left, Step, Touch with Dip.</li> <li>30. Step forward on R, make ½ turn R light, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn Left, Step, Touch with Dip.</li> <li>33. Make 1/8 turn L cross stepping R behind L. (4.30 o'clock).</li> <li>34. Step forward on R, make ½ turn R stepping R to R side.</li> <li>34. Step forward on R, make ½ turn R stepping R to R side.</li> <li>35. Step back R, step back L sweeping R behind L, st</li></ul>	Track Approx 3	mins 07 secs. Track av			k@gmail.com.	
<ul> <li>Step L to L side, cross rock R behind L, recover weight to L.</li> <li>Make ¼ turn R stepping forward on to R sweeping L in front of R.</li> <li>Cross rock L over R, recover weight R.</li> <li>Cross step L behind R, step R to R side. (3 o'clock).</li> </ul> Cross with Sweep, Cross, Tap, Step Back with Sweep, Sailor ½ Turn Cross Right, ¾ Turn Right, Point Left, 4, Point Right, &. Lass Cross L over R sweeping R in front of L, cross R over L, tap L toe behind R, step back on L sweeping R to behind L. Make ¼ turn R stepping Dack on L, make ½ turn R stepping forward on R. Atternative steps for counts 485,68: R sailor step, cross step L behind R, make ¼ turn R stepping forward on A. Make ¼ turn R stepping Dack on L, make ½ turn R stepping forward on R. Atternative steps for counts 485,68: R sailor step, cross step L behind R, make ¼ turn R stepping forward on A. Step Eaft Forward with Sweep of Right, 3/8 Diamond Fallaway Right, Step ½ Pivot Turn Left, Rock, Recover, Step Back, Step Back with Sweep. I Step forward on L sweeping R in front of L. 283 Cross R over L making 1/8 turn R, step L to L side, step back on R (facing 7.30). 185 Step back on L, make 1/8 turn R stepping R to R side, make 1/8 turn R stepping forward on L (facing 10.30). 184 Step forward on R, make ½ turn R (facing 4.30). 7,8 Rock forward on R, make ½ turn R (facing 4.30). 7,8 Rock forward on R, make ½ turn R (facing 4.30). 7,8 Rock forward on R, make ½ turn R (facing 4.30). 7,8 Rock forward on R, make ½ turn R stepping R to L side, cross R over L (facing 3.00). 184 Make ¼ turn R stepping back on L, make ½ turn R stepping R to R side. 195 Ac forward on R, make ½ turn R stepping R to R side. 196 Cross, Rover, R, step back L sweeping R behind L, (4.30 o'clock). 197 Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00). 184 Make 1/8 turn L cross stepping R behind L, step L to				¼ Turn Right with Swee	ep of Left, Cross R	lock,
<ul> <li>Make ¼ turn R stepping forward on to R sweeping L in front of R.</li> <li>Cross rock L over R, recover weight R.</li> <li>Rock L to L side, recover weight R.</li> <li>Cross step L behind R, step R to R side. (3 o'clock).</li> </ul> Cross with Sweep, Cross, Tap, Step Back with Sweep, Sailor ½ Turn Cross Right, ¾ Turn Right, Point Left, <b>4</b> , Point Right, <b>4</b> . I. Cross with Sweep, Cross. Tap, Step Back with Sweep, Sailor ½ Turn Cross Right, ¾ Turn Right, Point Left, <b>4</b> , Point Right, <b>4</b> . I. Cross with Sweep, Cross. Tap, Step Back with Sweep, Sailor ½ Turn Cross Right, ¾ Turn Right, Point Left, <b>4</b> , Point Right, <b>4</b> . I. Cross L over R sweeping R in front of L, cross R over L, tap L toe behind R, step back on L sweeping R to behind L. I. Make ½ sailor turn R stepping back on L, make ½ turn R stepping forward on R. Atternative steps for counts 4&5,6&: R sailor step, cross step L behind R, make ¼ turn R stepping forward on R. Atternative steps for counts 4&5,6&: R sailor step, cross step L behind R, make ¼ turn R stepping forward on R. Atternative steps for counts 4&5,6&: R sailor step, cross step L behind R, make ¼ turn R stepping forward on R. Atternative steps for counts 4&5,6&: R sailor step, cross step L behind R, make ¼ turn R stepping forward on R. Atternative steps for counts 4&5,6&: R sailor step, cross step L behind R, make ½ turn L ft, Rock, Recover, Step Back, with Sweep. I. Step forward on L sweeping R in front of L. K3 Cross R over L making 1/8 turn R, step L to L side, step back on R (facing 7.30). K4 Step back on L, make 1/8 turn R stepping R to R side, make 1/8 turn R stepping forward on L (facing 10.30). K5 Step back on L, make 1/8 turn R stepping R to R side, make 1/8 turn L stepping forward on R. K6 Gross Rover Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn eft, Step, Touch with Dip. K6 Make ¼ turn R stepping back on L, make ¼ turn R stepping R to	1,2&	•		•		
<ul> <li>Gross rock L over R, recover weight R.</li> <li>Rock L to L side, recover weight R.</li> <li>Rock L to L side, recover weight R.</li> <li>Cross step L behind R, step R to R side. (3 o'clock).</li> </ul> Cross with Sweep, Cross, Tap, Step Back with Sweep, Sailor ½ Turn Cross Right, ¾ Turn Right, Point Left, , Point Right, &. 1,223 Cross L over R sweeping R in front of L, cross R over L, tap L toe behind R, step back on L sweeping R to behind L. 185 Make ½ sailor turn R stepping R behind L, step L to L side, cross R over L. Make ¼ turn R stepping back on L, make ½ turn R stepping forward on R. Alternative steps for counts 4&5,6&: R sailor step, cross step L behind R, make ¼ turn R stepping forward on R. Rate 1 to L side, step L beside R, point R to R side, step R beside L. (6 o'clock). Step Left Forward with Sweep of Right, 3/8 Diamond Fallaway Right, Step ½ Pivot Turn Left, Rock, Recover, Step Back, Step Back with Sweep. 1 Step forward on L sweeping R in front of L. 283 Cross R over L making 1/8 turn R stepping R to R side, make 1/8 turn R stepping forward on L (facing 10.30). 384 Step forward on R, make ½ turn L (facing 4.30). 7,8 Rock forward on R, recover weight to L. 141 Step back R, step back L sweeping R behind L, (4.30 o'clock). 178 Make 1/8 turn L cross stepping R behind L, (4.30 o'clock). 178 Make 1/8 turn L stepping R behind L, step L to L side, cross R over L (facing 3.00). 184 Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00). 185 Make 1/8 turn L stepping B behind L, step L to L side, cross R over L (facing 3.00). 184 Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00). 184 Make 1/8 turn L stepping B behind L, step L to L side, cross R over L (facing 3.00). 184 Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00). 184 Make 1/8 turn L stepping	3,4&	•		-		
<ul> <li>Rock L to L side, recover weight R.</li> <li>Cross step L behind R, step R to R side. (3 o'clock).</li> <li>Cross with Sweep, Cross, Tap, Step Back with Sweep, Sailor ½ Turn Cross Right, ¾ Turn Right, Point Left, A, Point Right, &amp;.</li> <li>Cross L over R sweeping R in front of L, cross R over L, tap L toe behind R, step back on L sweeping R to behind L.</li> <li>Make ½ sailor turn R stepping R behind L, step L to L side, cross R over L.</li> <li>Make ½ turn R stepping back on L, make ½ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,6&amp;: R sailor step, cross step L behind R, make ½ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,6&amp;: R sailor step, cross step L behind R, make ½ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,6&amp;: R sailor step, cross step L behind R, make ½ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,6&amp;: R sailor step, cross step L behind R, make ½ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,6&amp;: R sailor step, cross step L behind R, make ½ turn R stepping forward on R.</li> <li>Atternative steps back with Sweep.</li> <li>Step back with Sweep.</li> <li>I Step forward on L sweeping R in front of L.</li> <li>Cross R over L making 1/8 turn R, step L to L side, step back on R (facing 7.30).</li> <li>I Step back on L, make 1/8 turn R stepping R to R side, make 1/8 turn R stepping forward on L (facing 10.30).</li> <li>Step forward on R, make ½ turn L (facing 4.30).</li> <li>R ock forward on R, make ½ turn L (facing 4.30).</li> <li>K forward on R, recover weight to L.</li> <li>Step back R, step back L sweeping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>Make 1/8 turn R stepping back on L, make ½ turn L stepping forward on L.</li> <li>Step forward</li></ul>	5		-	R sweeping L in front of	f R.	
<ul> <li>Cross step L behind R, step R to R side. (3 o'clock).</li> <li>Cross with Sweep, Cross, Tap, Step Back with Sweep, Sailor ½ Tum Cross Right, ¾ Tum Right, Point Left, 4, Point Right, 8.</li> <li>Cross L over R sweeping R in front of L, cross R over L, tap L toe behind R, step back on L sweeping R to behind L.</li> <li>Make ½ sailor turn R stepping R behind L, step L to L side, cross R over L.</li> <li>Make ½ turn R stepping back on L, make ½ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,68: R sailor step, cross step L behind R, make ¼ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,68: R sailor step, cross step L behind R, make ¼ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,68: R sailor step, cross step L behind R, make ¼ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,68: R sailor step, cross step L behind R, make ¼ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,68: R sailor step, cross step L behind R, make ¼ turn R stepping forward on R.</li> <li>Step Left Forward with Sweep of Right, 3/8 Diamond Fallaway Right, Step ½ Pivot Turn Left, Rock, Recover, Step Back, Step Back with Sweep, and L sweeping R in front of L.</li> <li>Cross R over L making 1/8 turn R, step L to L side, step back on R (facing 7.30).</li> <li>Step back on L, make 1/8 turn R stepping R to R side, make 1/8 turn R stepping forward on L (facing 10.30).</li> <li>Step forward on R, make ½ turn L (facing 4.30).</li> <li>Rock forward on R, make ½ turn R stepping R behind L. (4.30 o'clock).</li> <li>Your L Behind, Side, Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn Left, Step Full Spiral Turn Left, Step, Touch with Dip.</li> <li>Make 1/8 turn R stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>Make 1/8 turn R stepping Back on L, make ½ turn R stepping forward on L.</li> <li>Step forward on R and spiral a full turn L (weight on R).</li> <li>Non-turning</li></ul>	6&	Cross rock L over R, r	ecover weight R.			
<ul> <li>Cross with Sweep, Cross, Tap, Step Back with Sweep, Sailor ½ Turn Cross Right, ¾ Turn Right, Point Left, &amp;, Point Right, &amp;.</li> <li>1,2&amp;3 Cross L over R sweeping R in front of L, cross R over L, tap L toe behind R, step back on L sweeping R to behind L.</li> <li>18.5 Make ½ sailor turn R stepping R behind L, step L to L side, cross R over L.</li> <li>18.5 Make ½ turn R stepping back on L, make ½ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,6&amp;: R sailor step, cross step L behind R, make ½ turn R stepping forward on R.</li> <li>18.8 Point L to L side, step L beside R, point R to R side, step R beside L. (6 o'clock).</li> <li>19.8 Step Eack with Sweep.</li> <li>10.9 Step forward on L sweeping R in front of L.</li> <li>10.8 Cross R over L making 1/8 turn R stepping R to R side, step back on R (facing 7.30).</li> <li>10.8 Step back on L, make 1/8 turn R stepping R to R side, make 1/8 turn R stepping forward on L (facing 10.30).</li> <li>10.8 Step forward on R, make ½ turn L (facing 4.30).</li> <li>11.8 Step back R, step back L sweeping R behind L. (4.30 o'clock).</li> <li>12.8 Nake 1/8 turn R stepping R behind L. (4.30 o'clock).</li> <li>13.8 Nake 1/8 turn L cross stepping R behind L. (4.30 o'clock).</li> <li>14.8 Turn L Behind, Side, Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn eff, Step, Touch with Dip.</li> <li>14.8 Make 1/8 turn R stepping B behind L, step L to L side, cross R over L (facing 3.00).</li> <li>14.8 Make 1/8 turn R stepping back on L, make ½ turn L stepping forward on L.</li> <li>15.9 Step forward on R and spiral a full turn L (weight on R).</li> <li>16.0 Cross rock L over R, recover weight to R, make ½ turn L stepping forward on L.</li> <li>17.8 Step forward on R and spiral a full turn L (weight on R).</li> <li>18.8 Step forward on R and spiral a full turn L (weight on R).</li> <li>18.9 Step forward on R and spiral a full turn L (weight on R).</li> <li>18.0 Step forward on R, and spiral a full turn L (weight on R).</li> <li></li></ul>	7&		-			
<ul> <li>k, Point Right, &amp;.</li> <li>1,2&amp;3 Cross L over R sweeping R in front of L, cross R over L, tap L toe behind R, step back on L sweeping R to behind L.</li> <li>145 Make ½ sailor turn R stepping R behind L, step L to L side, cross R over L.</li> <li>Make ½ turn R stepping back on L, make ½ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,6&amp;: R sailor step, cross step L behind R, make ½ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,6&amp;: R sailor step, cross step L behind R, make ½ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,6&amp;: R sailor step, cross step L behind R, make ½ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,6&amp;: R sailor step, cross step L behind R, make ½ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,6&amp;: R sailor step, cross step L behind R, make ½ turn R stepping forward on R.</li> <li>Step Left Forward with Sweep of Right, 3/8 Diamond Fallaway Right, Step ½ Pivot Turn Left, Rock, Recover, Step Back, Step Back with Sweep.</li> <li>I Step forward on L sweeping R in front of L.</li> <li>Cross R over L making 1/8 turn R, step L to L side, step back on R (facing 7.30).</li> <li>85 Step forward on R, make ½ turn L (facing 4.30).</li> <li>7,8 Rock forward on R, make ½ turn L (facing 4.30).</li> <li>7,8 Rock forward on R, recover weight to L.</li> <li>8,1 Step back R, step back L sweeping R behind L. (4.30 o'clock).</li> <li>//8 Turn L Behind, Side, Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn .eft, Step, Full Spiral Turn .eft, Step, Full Spiral Turn .eft, Step Full Spiral Turn .eft, Step Full &amp; turn R stepping back on L, make ½ turn R stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>14 Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>15 Make 1/8 turn R stepping back on L, make ½ turn R stepping forward on L.</li> <li>16 Cross rock L over R, recover weight to</li></ul>	8&	Cross step L behind R	, step R to R side	e. (3 o'clock).		
<ul> <li>sweeping R to behind L.</li> <li>Make ½ sailor turn R stepping R behind L, step L to L side, cross R over L.</li> <li>Make ½ turn R stepping back on L, make ½ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,6&amp;: R sailor step, cross step L behind R, make ¼ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,6&amp;: R sailor step, cross step L behind R, make ¼ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,6&amp;: R sailor step, cross step L behind R, make ¼ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,6&amp;: R sailor step, cross step L behind R, make ¼ turn R stepping forward on R.</li> <li>Step Left Forward with Sweep of Right, 3/8 Diamond Fallaway Right, Step ½ Pivot Turn Left, Rock, Recover, Step Back, Step Back with Sweep.</li> <li>Step forward on L sweeping R in front of L.</li> <li>Step forward on L make 1/8 turn R, step L to L side, step back on R (facing 7.30).</li> <li>Step back on L, make 1/8 turn R stepping R to R side, make 1/8 turn R stepping forward on L (facing 10.30).</li> <li>Step forward on R, make ½ turn L (facing 4.30).</li> <li>R cock forward on R, recover weight to L.</li> <li>Step back R, step back L sweeping R behind L. (4.30 o'clock).</li> <li>//8 Turn L Behind, Side, Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn Left, Step, Touch with Dip.</li> <li>Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>Make 1/8 turn L stepping back on L, make ¼ turn R stepping forward on L.</li> <li>Step forward on R and spiral a full turn L (weight on R).</li> <li>*Non-turning option for count 7: Step forward on R.</li> <li>Step forward on L, slightly dip both knees and touch R beside L ready to begin again. (6 o'clock).</li> </ul>			ack with Sweep,	Sailor ½ Turn Cross Ri	ght, ¾ Turn Right,	Point Left,
<ul> <li>Make ¼ turn R stepping back on L, make ½ turn R stepping forward on R.</li> <li>Alternative steps for counts 4&amp;5,6&amp;: R sailor step, cross step L behind R, make ¼ turn R stepping forward on R.</li> <li>Point L to L side, step L beside R, point R to R side, step R beside L. (6 o'clock).</li> <li>Step Left Forward with Sweep of Right, 3/8 Diamond Fallaway Right, Step ½ Pivot Turn Left, Rock, Recover, Step Back, Step Back with Sweep.</li> <li>Step forward on L sweeping R in front of L.</li> <li>Cross R over L making 1/8 turn R, step L to L side, step back on R (facing 7.30).</li> <li>Step back on L, make 1/8 turn R stepping R to R side, make 1/8 turn R stepping forward on L (facing 10.30).</li> <li>Step forward on R, make ½ turn L (facing 4.30).</li> <li>Rock forward on R, recover weight to L.</li> <li>Step back R, step back L sweeping R behind L. (4.30 o'clock).</li> <li>Wath 1/8 turn R stepping Behind L, step L to L side, cross R over L (facing 3.00).</li> <li>Make ½ turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>Make ½ turn R stepping back on L, make ½ turn R stepping R to R side.</li> <li>Cross rock L over R, recover weight to R, make ½ turn L stepping R to R side.</li> <li>Cross rock L over R, recover weight to R, make ½ turn L stepping forward on L.</li> <li>Step forward on R and spiral a full turn L (weight on R).</li> <li>*Non-turning option for count 7: Step forward on R.</li> <li>Step forward on L, slightly dip both knees and touch R beside L ready to begin again. (6 o'clock).</li> </ul>	1,2&3	Cross L over R sweep	-	., cross R over L, tap L	toe behind R, step	back on L
<ul> <li>Alternative steps for counts 4&amp;5,6&amp;: R sailor step, cross step L behind R, make ¼ turn R stepping forward on R.</li> <li>Ya88 Point L to L side, step L beside R, point R to R side, step R beside L. (6 o'clock).</li> <li>Step Left Forward with Sweep of Right, 3/8 Diamond Fallaway Right, Step ½ Pivot Turn Left, Rock, Recover, Step Back, Step Back with Sweep.</li> <li>Step forward on L sweeping R in front of L.</li> <li>Cross R over L making 1/8 turn R, step L to L side, step back on R (facing 7.30).</li> <li>Step back on L, make 1/8 turn R stepping R to R side, make 1/8 turn R stepping forward on L (facing 10.30).</li> <li>Step forward on R, make ½ turn L (facing 4.30).</li> <li>Rock forward on R, recover weight to L.</li> <li>Step back R, step back L sweeping R behind L. (4.30 o'clock).</li> <li>Watern L Behind, Side, Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn Left, Step, Touch with Dip.</li> <li>Make 1/8 turn R stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>Make 1/8 turn R stepping back on L, make ½ turn R stepping R to R side.</li> <li>Make ½ turn R stepping back on L, make ½ turn R stepping R to R side.</li> <li>Make ½ turn R stepping back on L, make ½ turn R stepping R to R side.</li> <li>Step forward on R and spiral a full turn L (weight on R).</li> <li>*Non-turning option for count 7: Step forward on R.</li> <li>Step forward on L, slightly dip both knees and touch R beside L ready to begin again. (6 o'clock).</li> </ul>	4&5	Make 1/2 sailor turn R s	stepping R behind	L, step L to L side, cro	oss R over L.	
<ul> <li>R.</li> <li>Point L to L side, step L beside R, point R to R side, step R beside L. (6 o'clock).</li> <li>Step Left Forward with Sweep of Right, 3/8 Diamond Fallaway Right, Step ½ Pivot Turn Left, Rock, Recover, Step Back, Step Back with Sweep.</li> <li>Step forward on L sweeping R in front of L.</li> <li>Cross R over L making 1/8 turn R, step L to L side, step back on R (facing 7.30).</li> <li>Step back on L, make 1/8 turn R stepping R to R side, make 1/8 turn R stepping forward on L (facing 10.30).</li> <li>Step forward on R, make ½ turn L (facing 4.30).</li> <li>Rock forward on R, recover weight to L.</li> <li>Step back R, step back L sweeping R behind L. (4.30 o'clock).</li> <li>Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>Make 1/8 turn R stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>Make 1/8 turn R stepping B ack on L, make ¼ turn R stepping R to R side.</li> <li>Step Forward on R, recover weight to R, make ¼ turn L stepping R to R side.</li> <li>Step back R, step back L sweeping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>Make 1/8 turn R stepping back on L, make ¼ turn R stepping R to R side.</li> <li>Step forward on R and spiral a full turn L (weight on R).</li> <li>*Non-turning option for count 7: Step forward on R.</li> <li>Step forward on L, slightly dip both knees and touch R beside L ready to begin again. (6 o'clock).</li> </ul>	6&	Make 1/4 turn R steppir	ng back on L, ma	ke ½ turn R stepping fo	orward on R.	
<ul> <li>Point L to L side, step L beside R, point R to R side, step R beside L. (6 o'clock).</li> <li>Step Left Forward with Sweep of Right, 3/8 Diamond Fallaway Right, Step ½ Pivot Turn Left, Rock, Recover, Step Back, Step Back with Sweep.</li> <li>Step forward on L sweeping R in front of L.</li> <li>Cross R over L making 1/8 turn R, step L to L side, step back on R (facing 7.30).</li> <li>Step back on L, make 1/8 turn R stepping R to R side, make 1/8 turn R stepping forward on L (facing 10.30).</li> <li>Step forward on R, make ½ turn L (facing 4.30).</li> <li>Rock forward on R, recover weight to L.</li> <li>Step back R, step back L sweeping R behind L. (4.30 o'clock).</li> <li>Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>Make 1/8 turn R stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>Make 1/8 turn R stepping back on L, make ½ turn L stepping R to R side.</li> <li>Make 1/8 turn R stepping back on L, make ½ turn L (weight on R).</li> <li>*Non-turning option for count 7: Step forward on R.</li> <li>Step forward on R, slightly dip both knees and touch R beside L ready to begin again. (6 o'clock).</li> </ul>		ps for counts 4&5,6&: F	R sailor step, cros	s step L behind R, mak	ke ¼ turn R steppir	ng forward on
<ul> <li>Step Back, Step Back with Sweep.</li> <li>Step forward on L sweeping R in front of L.</li> <li>Cross R over L making 1/8 turn R, step L to L side, step back on R (facing 7.30).</li> <li>Step back on L, make 1/8 turn R stepping R to R side, make 1/8 turn R stepping forward on L (facing 10.30).</li> <li>Step forward on R, make ½ turn L (facing 4.30).</li> <li>Rock forward on R, recover weight to L.</li> <li>Step back R, step back L sweeping R behind L. (4.30 o'clock).</li> <li>Turn L Behind, Side, Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn Left, Step, Touch with Dip.</li> <li>Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>Make ½ turn R stepping back on L, make ½ turn R stepping R to R side.</li> <li>Cross rock L over R, recover weight to R, make ½ turn L stepping forward on L.</li> <li>Step forward on R and spiral a full turn L (weight on R).</li> <li>*Non-turning option for count 7: Step forward on R.</li> <li>Step forward on L, slightly dip both knees and touch R beside L ready to begin again. (6 o'clock).</li> </ul>	R. 7&8&	Point L to L side, step	L beside R, poin	R to R side, step R be	side L. (6 o'clock).	
<ul> <li>Cross R over L making 1/8 turn R, step L to L side, step back on R (facing 7.30).</li> <li>Step back on L, make 1/8 turn R stepping R to R side, make 1/8 turn R stepping forward on L (facing 10.30).</li> <li>Step forward on R, make ½ turn L (facing 4.30).</li> <li>Rock forward on R, recover weight to L.</li> <li>Step back R, step back L sweeping R behind L. (4.30 o'clock).</li> <li><b>Ka Turn L Behind, Side, Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn Left, Step, Touch with Dip.</b></li> <li>Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>Make 1/8 turn R stepping back on L, make ¼ turn R stepping R to R side.</li> <li>Cross rock L over R, recover weight to R, make ¼ turn L stepping forward on L.</li> <li>Step forward on R and spiral a full turn L (weight on R).</li> <li>*Non-turning option for count 7: Step forward on R.</li> <li>Step forward on L, slightly dip both knees and touch R beside L ready to begin again. (6 o'clock).</li> </ul>	•		, 3/8 Diamond Fa	allaway Right, Step ½ P	Pivot Turn Left, Ro	ck, Recover,
<ul> <li>Step back on L, make 1/8 turn R stepping R to R side, make 1/8 turn R stepping forward on L (facing 10.30).</li> <li>Step forward on R, make ½ turn L (facing 4.30).</li> <li>Rock forward on R, recover weight to L.</li> <li>Step back R, step back L sweeping R behind L. (4.30 o'clock).</li> <li>Turn L Behind, Side, Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn Left, Step, Touch with Dip.</li> <li>Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>Make 1/8 turn R stepping back on L, make ¼ turn R stepping R to R side.</li> <li>Cross rock L over R, recover weight to R, make ¼ turn L stepping forward on L.</li> <li>Step forward on R and spiral a full turn L (weight on R).</li> <li>*Non-turning option for count 7: Step forward on R.</li> <li>Step forward on L, slightly dip both knees and touch R beside L ready to begin again. (6 o'clock).</li> </ul>		•	eping R in front o	of L.		
<ul> <li>(facing 10.30).</li> <li>Step forward on R, make ½ turn L (facing 4.30).</li> <li>Rock forward on R, recover weight to L.</li> <li>Step back R, step back L sweeping R behind L. (4.30 o'clock).</li> <li><b>1/8 Turn L Behind, Side, Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn</b>.</li> <li><b>1/8 Turn L Behind, Side, Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn</b>.</li> <li><b>1/8 Turn L Behind, Side, Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn</b>.</li> <li><b>1/8 Turn L Behind, Side, Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn</b>.</li> <li><b>1/8 Turn L Behind, Side, Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn</b>.</li> <li><b>1/8 Turn L Behind, Side, Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn</b>.</li> <li><b>1/8 Turn L Behind, Side, Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn</b>.</li> <li><b>1/8 Turn L Behind, Side, Cross, Hinge ½ Turn Right</b>, <b>Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn</b>.</li> <li><b>1/8</b> Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li><b>1/8</b> Make 1/8 turn R stepping back on L, make ¼ turn R stepping R to R side.</li> <li><b>1/9</b> Cross rock L over R, recover weight to R, make ¼ turn L stepping forward on L.</li> <li><b>1/1</b> Step forward on R and spiral a full turn L (weight on R).</li> <li><b>1/1 Non-turning option for count 7: Step forward on R.</b></li> <li><b>3/8</b> Step forward on L, slightly dip both knees and touch R beside L ready to begin again. (6 o'clock).</li> </ul>	2&3	Cross R over L making	g 1/8 turn R, step	L to L side, step back	on R (facing 7.30).	
<ul> <li>7,8 Rock forward on R, recover weight to L.</li> <li>Step back R, step back L sweeping R behind L. (4.30 o'clock).</li> <li>7/8 Turn L Behind, Side, Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn Left, Step, Touch with Dip.</li> <li>2&amp;3 Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>1/8 Make ¼ turn R stepping back on L, make ¼ turn R stepping R to R side.</li> <li>5,6&amp; Cross rock L over R, recover weight to R, make ¼ turn L stepping forward on L.</li> <li>7 Step forward on R and spiral a full turn L (weight on R).</li> <li>*Non-turning option for count 7: Step forward on R.</li> <li>3&amp; Step forward on L, slightly dip both knees and touch R beside L ready to begin again. (6 o'clock).</li> </ul>	4&5	-	1/8 turn R steppi	ng R to R side, make 1	/8 turn R stepping	forward on L
&1       Step back R, step back L sweeping R behind L. (4.30 o'clock).         //8 Turn L Behind, Side, Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn Left, Step, Touch with Dip.         2&3       Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00).         4&       Make 1/4 turn R stepping back on L, make ¼ turn R stepping R to R side.         5,6&       Cross rock L over R, recover weight to R, make ¼ turn L stepping forward on L.         7       Step forward on R and spiral a full turn L (weight on R).         *Non-turning option for count 7: Step forward on R.         3&       Step forward on L, slightly dip both knees and touch R beside L ready to begin again. (6 o'clock).	6&	Step forward on R, ma	ake ½ turn L (faci	ng 4.30).		
<ul> <li>1/8 Turn L Behind, Side, Cross, Hinge ½ Turn Right, Cross Rock, Recover, ¼ Turn Left, Step Full Spiral Turn Left, Step, Touch with Dip.</li> <li>2&amp;3 Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>1&amp; Make ¼ turn R stepping back on L, make ¼ turn R stepping R to R side.</li> <li>5.6&amp; Cross rock L over R, recover weight to R, make ¼ turn L stepping forward on L.</li> <li>7 Step forward on R and spiral a full turn L (weight on R).</li> <li>*Non-turning option for count 7: Step forward on R.</li> <li>3&amp; Step forward on L, slightly dip both knees and touch R beside L ready to begin again. (6 o'clock).</li> </ul>	7,8	Rock forward on R, re	cover weight to L			
Left, Step, Touch with Dip.2&3Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00).4&Make 1/4 turn R stepping back on L, make 1/4 turn R stepping R to R side.5,6⨯ rock L over R, recover weight to R, make 1/4 turn L stepping forward on L.7Step forward on R and spiral a full turn L (weight on R).*Non-turning option for count 7: Step forward on R.3&Step forward on L, slightly dip both knees and touch R beside L ready to begin again. (6 o'clock).	&1	Step back R, step bac	k L sweeping R b	ehind L. (4.30 o'clock).		
<ul> <li>Make 1/8 turn L cross stepping R behind L, step L to L side, cross R over L (facing 3.00).</li> <li>Make 1/8 turn R stepping back on L, make 1/4 turn R stepping R to R side.</li> <li>Cross rock L over R, recover weight to R, make 1/4 turn L stepping forward on L.</li> <li>Step forward on R and spiral a full turn L (weight on R).</li> <li>*Non-turning option for count 7: Step forward on R.</li> <li>Step forward on L, slightly dip both knees and touch R beside L ready to begin again. (6 o'clock).</li> </ul>			1/2 Turn Right, Cr	oss Rock, Recover, ¼	Turn Left, Step Fu	ll Spiral Turn
<ul> <li>Make ¼ turn R stepping back on L, make ¼ turn R stepping R to R side.</li> <li>Cross rock L over R, recover weight to R, make ¼ turn L stepping forward on L.</li> <li>Step forward on R and spiral a full turn L (weight on R).</li> <li>*Non-turning option for count 7: Step forward on R.</li> <li>Step forward on L, slightly dip both knees and touch R beside L ready to begin again. (6 o'clock).</li> </ul>	2&3		stepping R behir	d L, step L to L side, cr	ross R over L (faci	ng 3.00).
<ul> <li>5,6&amp; Cross rock L over R, recover weight to R, make ¼ turn L stepping forward on L.</li> <li>Step forward on R and spiral a full turn L (weight on R).</li> <li>*Non-turning option for count 7: Step forward on R.</li> <li>Step forward on L, slightly dip both knees and touch R beside L ready to begin again. (6 o'clock).</li> </ul>	4&			•	•	· · · · ·
<ul> <li>*Non-turning option for count 7: Step forward on R.</li> <li>Step forward on L, slightly dip both knees and touch R beside L ready to begin again. (6 o'clock).</li> </ul>	5,6&	Cross rock L over R, r	ecover weight to	R, make ¼ turn L stepp	oing forward on L.	
Step forward on L, slightly dip both knees and touch R beside L ready to begin again. (6 o'clock).	7	Step forward on R and	l spiral a full turn	L (weight on R).		
o'clock).	**Non-turning o					
Injoy	8&		htly dip both kne	es and touch R beside	L ready to begin a	gain. (6
	Enjoy					