

It's Killing Me

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Kim Liebsch (DK) - July 2022

Musik: It's Killing Me - Kristel Lisberg



Intro: 4 counts after 1st beat (appr. 2 seconds) Start with weight on L foot

Restart: 1 restart on wall 8 after count 12& (*6:00)

#1 section: Step, step ½ turn step, full turn step, mambo with sweep, back rock

- 1 Step fw. on R 12:00
- 2&3 Step fw. on L, make ½ turn R stepping fw. on R, step fw. on L 6:00
- 4&5 Make ½ turn L stepping back on R, make ½ turn L stepping fw. on L, step fw. on R 6:00
- 6&7 Rock fw. on L, recover on R, step slightly back on L while sweeping R 6:00
- 8& Rock back on R, recover on L 6:00

#2 section: Step, mambo ½ turn, lock step, mambo ½ turn, step ¼ turn

- 1 Step fw. on R 6:00
- 2&3 Rock fw. on L, recover on R, make ½ turn L stepping fw. on L 12:00
- 4&5 Step fw. on R, lock L behind R (*6:00), step fw. on R 12:00
- 6&7 Rock fw. on L, recover on R, make ½ turn L stepping fw. on L 6:00
- 8& Step fw. on R, make ¼ turn L stepping L to L side 3:00

#3 section: Cross, recover ¼ turn step, run ¾ turn, basic, side rock

- 1 Cross R over L 3:00
- 2&3 Recover on L, make ¼ turn R stepping fw. on R, step fw. on L 6:00
- 4&5 Run ¾ turn R- R-L-R 3:00
- 6&7 Step L to L side, close R behind L, cross L over R 3:00
- 8& Rock R to R side, recover on L 3:00

#4 section: Step fw. while hitching ½ turn, lock step, lock step hitching ½ turn, lock step, cross rock

- 1 Step fw. on R while hitching L ½ turn R 9:00
- 2&3 Step fw. on L, lock R behind L, step fw. on L 9:00
- 4&5 Step fw. on R. lock L behind R, step fw. on R while hitching L ½ turn R 3:00
- 6&7 Lock fw. on L, lock R behind L, step fw. on L 3:00
- 8& Cross R over L, recover on L, (¼ turn R to start again) 3:00

(Contact: kimliebsch on Instagram or liebsch@ymail.com)