

Mes Larmes

Count: 24

Wand: 4

Ebene: Beginner waltz

Choreograf/in: Laura Nanclares (ES) - June 2022

Musik: Les son de mes larmes - The Mudbugs Cajun & Zydeco Band



Intro: 24 counts

[1-6]: TWINKLE STEP LEFT, CROSS, SIDE, BEHIND

1-3 Step LF forward to R diagonal (cross), step RF forward beside LF, step LF forward to L diagonal.

4-6 Cross RF over LF, step LF to Left, step RF behind LF.

[7-12]: SWEEP BEHIND, SIDE, CROSS, SCISSOR

1-3 Sweep LF behind RF, step RF to Right, cross LF over RF.

4-6 Step RF to Right, step LF beside RF, cross RF over LF.

[13-18]: SIDE ROCK STEP ¼ TURN RIGHT, STEP TURN, STEP

1-3 Rock LF to Left, recover weight on RF turning ¼ to Right, step LF forward. (3:00)

4-6 Step RF forward, ½ turn to Left leaving weight on LF, step RF forward.

[19-24]: ROCK STEP FORWARD, STEP BACK, ROCK STEP BACK, STEP FORWARD

1-3 Rock forward LF, recover weight on RF, step back LF.

4-6 Rock back RF, recover the weight on LF, step RF forward.