

# You Know I Am

Count: 32

Wand: 2

Ebene: Intermediate

Choreograf/in: Mark Furnell (UK) & Chris Godden (UK) - May 2022

Musik: I.M - Michael Ben David



**Intro: 16 Counts, Start at approx 28 secs**

**Note: Start with head down**

**Intro At about 9 Seconds - On the beat after the vocals**

**"Keep Your Head Up" - Lift Head**

**"Keep Your Head Up" - Cross right over left**

**- Arms: Punch both arms to right**

**"Keep Your Head Up" - Cross left over right, unwind full turn right**

**- Arms: Punch both arms to left**

**"Remember Who" - Rock right to right**

**"You Are" - Recover weight onto left dragging right beside left**

**Keeping weight on left finger clicks with music on even counts**

## **Main Dance**

### **SEC 1 Syncopated Vine, Point, Hold, Ball Cross, Hold, ½ Unwind**

1-2& Step right to right, step left behind right, step right to right

3-4 Point left to left, hold

&5-6 Step left beside right, cross right over left, hold

7-8 Unwind ½ turn left over 2 counts transferring weight onto left (6:00)

### **SEC 2 Back, Touch, Back, Touch, Out Out, Arm Wave**

1-2 Step right back, touch left forward

3-4 Step left back, touch right forward

&5 Step right to right, step left to left

**Arms 5) Cross arms at shoulder height left arm on top of right**

6-7-8 Hold for 3 counts

#### **Arms**

**7) Drop left elbow raise right elbow**

**(&) Lift left elbow dropping right**

**8) Level elbows pulling both arms left**

### **SEC 3 Cross, Hold, Back, Side Shuffle, Samba Step, Step**

1-2 Cross right over left, hold

3 Step left back

4&5 Step right to right, step left beside right, step right to right

6&7 Cross left over right, rock right to right, recover weight onto left

8 Step right forward

### **SEC 4 Slow Prissy Walk, Slow Prissy Walk, Prissy Walk x3, Touch**

1-2 Cross left over right, hold

**Arms Punch both arms to left**

3-4 Cross right over left, hold

**Arms Punch both arms to right**

5-6 Cross left over right, cross right over left

7-8 Cross left over right, touch right beside left

### **Tag 1 At the end of Wall 3**

1-4 Roll hip clockwise from right to left over 4 counts

**Tag 2 At the end of Wall 7**

1-4 Roll hip clockwise from right to left over 4 counts

1-8 Hold for 8 counts

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