Good to Be Back



Count: 32 Wand: 2 Ebene: Improver

Choreograf/in: Bambang Satiyawan (INA) - June 2022

Musik: Good to be back (Dj Jazzy D Remix) - Natalie Cole



Start dance on vocal,

SECTION I. KICK BALL TOUCH-TURN 1/4 LEFT AND SAILOR COASTER-HEEL JACK-CLOSE-CROSS-TURN AND SIDE-CLOSE

1&2 Kick RF forward, Close RF beside LF, Touch LF to side

3&4 Turning ¼ left Step LF back, Close RF beside LF, Step LF forward

5&6& Cross RF over LF, Step LF to side, Touch Right Heel diagonal forward, Close RF beside LF

7&8 Cross LF over RF, Turn 1/8 left Step RF to side, Close LF beside RF

*Restart here on wall 4 still facing diagonal (01.30) and after Kick Ball Touch do the sailor coaster turn with turn making facing 09.00

SECTION II. HEELS UP-MAMBO STEP-BACK STEP WITH HEEL GRIND-TURN AND COASTER STEP

&1&2 Up your Heels, Drop your Heels, Up your Heels, Down your Heels

3&4 Step RF forward, Step LF in place, Step RF back

5 – 6 Step LF back and Grind your Right Heel, Step RF back and Grind your Left Heel

7&8 Turn 1/8 left Step LF back, Close RF beside LF, Step LF forward

SECTION III. SIDE ROCK-TURN 1/4 LEFT RECOVER-CHASSE-JAZZ BOX MODIFIED-CROSS MAMBO

1 – 2 Rock RF to side, Turn ¼ left and Recover on LF
3&4 Step RF to side, Close LF beside RF, Step RF to side
5&6 Cross LF over LF, Step RF back, Step LF to side
7&8 Cross RF over LF, Step LF in Place, Step RF to side

SECTION IV. TOE STRUT-TURN AND TOE STRUT-SIDE AND KNEE POP-HITCH-LONG SIDE STEP-CLOSE

1&2& Touch LF beside RF, Step LF in place, Touch RF in place, Turn ¼ right Step RF to side

Touch LF beside RF, Step LF in place, Touch RF beside LF
 Step RF to side and push right knee to side twice (x2), Hitch RF

7 – 8 Step RF long to side, Close LF beside RF

Enjoy the dance,

Contact person: bambang.1709@gmail.com