

# Knockdown

Count: 32

Wand: 4

Ebene: Intermediate WCS

Choreograf/in: Maryloo (FR) - 2008

Musik: Knockdown - Alesha Dixon

oder: Walkin' After Midnight - Groovegrass

oder: Cowboy Up - Jill Johnson

oder: Sweet Little Shoe - Dan Seals

oder: Addicted To Love - Kimber Clayton



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## WALKS FORWARD RIGHT, LEFT – RIGHT ANCHOR – BALL STEP - ½ PIVOT RIGHT – SAILOR ½ TURN RIGHT

- 1 – 2 Walk forward right, walk forward left  
3& 4 Cross right behind left, recover weight onto left, step back on right on place  
&5 Step left back ( on the ball ) , step forward on right  
6 Pivot ½ turn right on the right foot , left foot behind  
7&8 Step right behind left, pivot½ turn right, step left next to right , step right slightly forward

## BACK ROCK - RIGHT SWIVEL – PIVOT ½ TURN - LEFT SWIVEL –TRIPLE STEP ¾ TURN – SIDE ROCK - FORWARD - SYNCOPATED JAZZ BOX

- &1 Step left slightly behind ( on the ball ) , recover on right with swivel on right foot to right diagonal  
2 Pivot ½ turn left on the two balls with swivel on left foot on left diagonal  
3&4 Make ¾ turn : Triple step on place to left side : right, left, right  
5 &6 Rock left side on left, recover onto right, step left forward  
7 &8 Cross right over left , step back on left, step right to right side

## SAYLOR ¼ TURN – CROSSES – KICK and ¼ TURN – COASTER STEP

- 1 &2 Cross left behind right with 1/4 turn left , step right to right side, step left to left side.  
3&4&5 Cross right over left, step left to side, cross right over left , step left to side, cross right over left  
6 Make ¼ turn left with left kick forward  
7 &8 Step back on left, step right next to left, step forward on left.

## KICK BALL BACK POINT - TAPS TWICE - BALL STEP - JUMP ½ TURN LEFT – BALL STEP - FORWARD - SCUFF - HITCH – SWIVELS

- 1 &2 Kick right forward, replace right next to left, extend left toe back  
& 3 left toe taps behind ( twice)  
& 4 Step back on left ( on the ball), replace the weight forward on right  
& 5 Make ½ turn left with jumping ( Ball step ) rock on the left foot( on the ball) , replace the weight on the right foot behind  
& 6 Step Left forward , Scuff right heel forward  
& Hitch right knee forward  
7&8& Step right toe on right diagonal forward and make swivels right, left, right, left.

Have Fun!

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