# **Bass No Tenors**



Count: 32 Wand: 2 Ebene: Beginner

Choreograf/in: Liz Atkinson (USA) - April 2022

Musik: All About That Bass (No Tenors) - Straight No Chaser



This song is a parody of the Megan Trainor track, All About That Bass. It is sung by an all-male acapella group and pokes fun at the tenor singers, who usually get the lead and the attention. (But we know it's all about that bass.)

#32 count introduction. Begin with weight on LF. NO Tags - NO Restarts

### S1: SIDE, TOUCH, SIDE, TOUCH, FWD, TOUCH, BACK, KICK

1, 2	Step RF to R side, touch LF beside RF
3, 4	Step LF to L side, touch RF beside LF
5, 6	Step RF fwd, touch LF beside RF
7, 8	Step LF back, kick RF fwd (12:00)

# S2: STEP, POINT, STEP, POINT, 1/4L PIVOT, 1/4L PIVOT

1, 2	Step RF fwd, point LF to L side
3, 4	Step LF fwd, point RF to R side
5, 6	Step RF fwd, pivot 1/4L (9:00) shifting weight onto LF
7, 8	Step RF fwd, pivot 1/4L (6:00) shifting weight onto LF (6:00)

## S3: CROSS ROCK, RCVR, CHASSE' R, CROSS ROCK, RCVR, CHASSE' L

33. Choos Rook, Royk, Chasse R, Choos Rook, Royk, Chasse E		
1, 2	Cross rock RF over LF, recover onto LF	
3 & 4	Step RF to R side, step LF beside RF, step RF to R side	
5, 6	Cross rock LF over RF, recover onto RF	
7 & 8	Step LF to L side, step RF beside LF, step LF to L side (6:00)	

#### S4: V-STEP, SQUAT-STAND, TWIST R-CENTER

54: V-STEP, SQUAT-STAND, TWIST R-CENTER		
1, 2	Step RF to fwd-R diagonal, step LF to fwd-L diagonal	
3, 4	Step RF back and to center, step LF back and to center (beside RF)	
5, 6	Bend both knees into a slight squat, straighten legs to stand	
7, 8	Lift both heels swiveling both R, return heels to center (6:00)	

Contact: info@LizAtkinsonDance.com - Asheville, NC, USA