

Bedincak

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Nita Nefos (INA) & Ayko (INA) - April 2022

Musik: Bedincak - Joe Ramdhani



Intro : 52 counts

Restart & Tag on wall 3,5,7,10 after 16 counts

Tag 4 Count

Ending on Wall 16 after 12 count.

INTRO 48 + 4 counts

Intro 48 counts (optional)

i1. WEAVE, ¼ TURN L, WEAVE (Repeat 6X)

- 1 2 Cross Rf over Lf, Step Lf to L
- 3 4 Cross Rf behind Lf, Touch Lf to L
- 5 6 Cross Lf over Rf, turn ¼ L Stepping Rf back
- 7 8 Step Lf back, Touch Rf to R

i2. PIVOT ¼ TURN L (2X)

- 1 2 Step Rf fwd, turn ¼ L weight on Lf

MAIN DANCE

SECTION 1. WEAVE, FLICK, WEAVE, ¼ TURN L, FLICK

- 1 2 Cross Rf over Lf, Step Lf to L
- 3 4 Cross Rf behind Lf, Flick Lf
- 5 6 Cross Lf over Rf, turn ¼ L Stepping Rf back
- 7 8 Step Lf back, Flick Rf

SECTION 2. ROCK FORWARD, CHASSE, ROCK FORWARD, ¼ TURN L, SUFFLE

- 1 2 Rock Rf fwd, Recover on to Lf
- 3&4 Step Rf to R, Close Lf next to Rf, Step Rf to R
- 5 6 Rock Lf fwd, Recover onto Rf
- 7&8 Turn ¼ L stepping Lf fwd, Close Rf next to Lf, Step Lf fwd

SECTION 3. HEEL, TOE R, HEEL TOE L (2X)

- 1 2 Touch Rf heel fwd, touch Rf toe next to Lf
- 3 4 Touch Rf heel fwd, Close Rf next to Lf
- 5 6 Touch Lf heel fwd, touch Lf toe next to Rf
- 7 8 Touch Lf heel fwd, touch Lf toe next to Rf

SECTION 4. ROCK FWD, SAILOR STEP, JAZZ BOX

- 1 2 Step Lf fwd, Recover on to Rf
- 3&4 Cross Lf behind Rf, Turn ¼ L Stepping Rf, Step Lf to L
- 5 6 Cross Rf over Lf, Step Lf back
- 7 8 Step Rf to R, Step Lf fwd

TAG: ROCKING CHAIR

- 1 2 Rock Rf fwd recover on to Lf
- 3 4 Rock Rf back recover on to Lf

Enjoy the dancing

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