Flip a Quarter



Count: 32 Wand: 2 Ebene: Beginner

Choreograf/in: Janet Kearney (USA) - April 2022

Musik: She Had Me At Heads Carolina - Cole Swindell: (iTunes and Amazon Music)



Intro: 16 counts - NO TAGS OR RESTARTS

(1 - 8) WALK FWD 3Xs, KICK LEFT, WALK BACK 3Xs, TOUCH RIGHT

1 - 4 Walk forward R – L – R, Kick L forward 5 - 8 Walk back L – R – L, Touch R next to L

(9 – 16) STEP FWD TOUCH, 1/4 TURN LEFT TOUCH, STEP FWD TOUCH, 1/4 TURN LEFT TOUCH

1 – 2 Step R forward, Touch L next to R

3 – 4 ¼ turn to L while stepping on L (9:00), Touch R next to L

5 – 6 Step R forward, Touch L next to R

7 – 8 ¼ turn to L while stepping on L (6:00), Touch R next to L

(17 - 24) GRAPEVINE RIGHT, GRAPEVINE LEFT*

1 – 4 Step R to right, Step L behind R, Step R to right, Touch L next to R
5 – 8 Step L to left, Step R behind L, Step L to left, Touch R next to L

(25 - 32) ROCKING CHAIR, 2 PIVOT ½ TURNS TO LEFT*

1 – 4 Rock R forward, Step center on L, Rock R back, Step center on L

5 - 6 Step R forward, Pivot 1/2 turn to L (12:00)
 7 - 8 Step R forward, Pivot 1/2 turn to L (6:00)

Repeat and smile!

*Styling options include: grapevines can be rolling vines and the 2 pivot ½ turns can be another rocking chair for those who do not wish to turn!

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