

# If I Said

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Helaine Norman (USA) - April 2022

Musik: If I Said You Had a Beautiful Body Would You Hold It Against Me - The Bellamy Brothers



**Intro: 16 - No tags or Restarts**

## **I. Side Rock, Recover, Forward Hold X2**

1-2 Rock R side, recover to L  
3-4 Step R forward, hold  
5-6 Rock L side, recover to R  
7&8 Step L forward, hold

## **II. Scissor, Vine Hold**

1-3 Rock R side, recover to L, step R over  
4-5 Step L side, step R behind  
6-7 Step L side, step R over  
8 Hold

## **III. ¼ R Turn, ¼ R Turn; Forward Mambo with Hold**

1-2 Step L side, making 1/4 turn right step R (3:00)  
3-4 Step L forward, making ¼ turn right step R (6:00)  
5-8 Step L forward, recover to R, step L together (or slightly forward), hold

## **IV. Back Mambo with Hold; Scissor, ¼ L Turn**

1-4 Step R back, recover to L, step R together (or slightly forward), hold  
5-7 Rock L side, recover to R, step L over  
8 Making ¼ turn left, pivot on L (3:00)

**Styling for count 8 (1/4 L turn): Keep R touching L to make it easy to begin dance stepping to R side.**

**REPEAT**

**ENDING: End at 12:00 after the two ¼ right turns. Just step L forward to pose.**

Helaine43@gmail.com