

# Bottoms Up

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Ann-Kristin Bekkeli-Sandvold (NOR) - April 2022

Musik: Bottoms Up (feat. Mohombi Moupondo) - Alexandra Joner



**Intro: 16 count - Tag: After wall 3**

## **Section 1: Whisk right, whisk left , 1/2 turn volta right**

- 1&2 RF step right (1), LF step behind RF (&), RF step on place (2)  
3&4 LF step left (3), RF step behind LF(&), LF step on place (4)  
5&6& Turn right and step RF forward (5), Lock LF behind RF (&) Turn right and step RF forward (6), Lock LF behind RF (&)  
7&8 Turn right and step RF forward (7), Lock LF behind RF (&) step RF forward (8) (6 o'clock)

## **Section 2: Whisk left, whisk right , 1/2 turn volta left**

- 1&2 LF step left (1), RF step behind LF(&), LF step on place (2)  
3&4 RF step right (3), LF step behind RF(&), RF step on place (4)  
5&6& Turn left and step LF forward (5), Lock RF behind LF (&) Turn left and step LF forward (6), Lock RF behind LF (&)  
7&8 Turn left and step LF forward (7), Lock RF behind LF (&) step LF forward (8) (12 o'clock)

## **Section 3: Mambo forward, Mambo backward, Cross Samba left, Cross Samba right**

- 1&2 RF Rock forward (1), recover onto LF (&), RF step back (2)  
3&4 LF rock forward (3), recover onto RF (&), LF step forward (4)  
5&6 RF Cross over LF (5), LF Side (&), Recover Weight on RF (6)  
7&8 LF Cross over RF (7), Turn ¼ left while step RF back(&), Recover Weight on LF (8) (9 o'clock)

## **Section 4: Cross, Hold, Cross, Hold, Mambo left, Mambo right**

- 1 2 & 3 4 Cross RF over LF (1), Hold (2), Step LF left (&), Cross RF over LF (3), Hold (4)  
5 & 6 LF rock left (5), Recover onto RF (&), LF step next to RF (6)  
7 & 8 RF rock right (7), Recover onto LF (&), RF step next to LF (8)

**Tag: after wall 3 (you will face 3 o'clock when tag starts)**

- 1 – 4 Sway right-left-right-left

**Restart.**

**Smile, enjoy and take care everybody.**

**Contact: aksandvold@gmail.com**