

# Easy Flow

Count: 40

Wand: 4

Ebene: Improver

Choreograf/in: Forty Arroyo (USA) - March 2022

Musik: Nu Flow - Big Brovaz



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## A Hayloft Floor Split for the intermediate dance "Nu Flow" by Masters In Line

#31 count intro – starts on count 32

### [1-8] KICK BALL CHANGE, STEP, CLAP, KICK BALL CHANGE, STEP CLAP

1&2 Kick R forward, Step ball of R in place, Step slightly forward on L  
3,4 Step R forward, Clap  
5&6 Kick L forward, Step ball of L in place, Step slightly forward on R  
7,8 Step L forward, Clap

### [9-16] BACK R, TOUCH L, BACK LEFT, TOUCH R - REPEAT

1,2 Step back R right diagonal, Touch L next to R  
3,4 Step back L left diagonal, Touch R next to L  
5,6 Step back R right diagonal, Touch L next to R  
7,8 Step back L left diagonal, Touch R next to L

### [17-24] V STEP (OUT, OUT, IN, IN), TAP, TAP, KICK, TOUCH

1,2 (Out, Out) Step forward R right diagonal, Step L forward L left diagonal  
3,4 Step R in place – original position, Step L next to R  
5,6 Tap R toes next to L – twice  
7,8 Kick R forward – R diagonal, Touch R next to L

### [25-32] CHASSE' R, ROCK, RECOVER, VINE L WITH ¼ L

1&2 Step R to side, Step L next to R, Step R to side  
3,4 Rock back on L, Recover weight on R  
5-8 Step L to side, Step R behind, Step forward on L making ¼ L, Touch R next to L – end at 9:00

### [33-40] TWO MONTEREY TURNS WITH ¼ TURN RIGHT

1,2 Touch R out to side, Turning ¼ to right - step R next to L  
3,4 Touch L out to side, Step L next to R  
5,6 Touch R out to side, Turning ¼ to right - step R next to L  
7,8 Touch L out to side, Step L next to R (end at 3:00)

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