## All Cried Out

**Count: 32** 

walls.

Ebene: Intermediate

Choreograf/in: Margaret Murphy (AUS) - March 2022

Musik: All Cried Out - Alison Moyet

Introduction	: 16 counts – One Restart – 1 +1/2 Turns can be replaced with $\frac{1}{2}$ turns stepping RLRL (2/4 walls)
NC Basic R, NC Basic L, Rock R Fwd. Replace, 1 ½ triple Right	
1-2&	Long step RF to R side, drag LF to R, step/rock back onto LF, step RF in place
3-4&	Long step LF to L side, drag RF to L, step/rock back onto LF, step LF in place
5-6	Rock/step Fwd. onto RF, replace weight onto LF
7&8&	1 <sup>1</sup> / <sub>2</sub> Triple turn Right, stepping RLRL (Option: <sup>1</sup> / <sub>2</sub> turn R, stepping RLRL)6.00
NC Basic R	NC Basic L, ¼ Left, RockFwd, Replace, 1 ½ Right
1-2&	Long step RF to R side, drag LF to R, step/rock back onto LF, step RF in place
3-4&	Long step LF to L side, L drag RF behind L as you ¼ turn, stepping fwd onto LF
5-6	Rock/step Fwd. onto RF replace weight onto LF
7&8&	1 <sup>1</sup> / <sub>2</sub> turn Triple turn Right, stepping RLRL(Option: <sup>1</sup> / <sub>2</sub> turn R, stepping RLRL) 9.00
<b>Right</b> 1-2& 3-4&	NC Basic L, Rock Fwd/Back, Step R Lock Back, Step back, Rock Back/Replace, Step Lock Fwo Long step RF to R side, drag LF to R, step/rock back onto LF, step RF in place Long step Lf to L side, drag RF to L, step/rock back onto LF, step LF in place
5-6	Rock/Step Fwd onto RF, replace onto LF
7&8&	Step RF back, Lock LF infront of R, step back on RF, step LF Back, RLRL(9.00)
Rock/Step E	Back, Right, replace weight onto LF, Lock Step Fwd, Rock Replace ¼ Left Sailor Touch R.
1-2	Rock/step back onto RF, replace weight onto LF
3&4	Step RF fwd, & lock LF up behind RF, step fwd onto RF
5-6	Rock/step Fwd onto LF, replace weight onto RF
7&8&	1/4 Left Sweeping LF behind RF. Step onto LF, step RF to R side, step LF to L side, (Sailor step) Touch RF beside LF.(6.00)

I hope you enjoy this dance, a bit different to my usual, No hips lol. M.M.





Wand: 4