

Balada Cha Cha Cha

Count: 64

Wand: 2

Ebene: Improver Cha Cha

Choreograf/in: V&V Danzz (INA) - March 2022

Musik: Balada Cha Cha Cha (Cha Cha Cha) - I Due Note



Intro. 32 C - No tag, no restart

Sec.1. Rocking chair, rock forward shuffle R/L.

- 1-2 Rf rock forward, recover on L
- 5-6 rf rock back, recover on L
- 6-7 Rf rock forward shuffle,
- 7-8 Lf rock forward shuffle

Sec.2. Rf rock forward, rock back shuffle, Lf rock back shuffle, Rf rock back.

- 1-2 Rf rock forward, recover on L
- 3-4 Rf rock back shuffle
- 5-6 Lf rock back shuffle,
- 7-8 Rf rock back, recover on L

Sec.3. Chasse to the right, cross rock, chasse to the left, cross rock.

- 1-2 Side chasse to the right, RLR
- 3-4 Lf cross rock, recover on R
- 5-6 Side chasse to the left, LRL
- 7-8 Rf cross over L, recover on L

Sec.4. Side step, cross shuffle, rock back 1/4 turn right, rock forward shuffle.

- 1-2. Rf side step, recover on L
- 3-4. R cross shuffle, LRL
- 5-6. Lf rock back, 1/4 turn R, recover on R
- 7-8. Lf rock forward shuffle

Sec.5. Side step, step together R/L.

- 1-2 Rf side step, recover on L
- 3-4 Step together cha cha R/L/R
- 5-6 Lf side step, recover on R
- 7-8 Step together cha cha L/R/L

Sec.6. Heel, toe, cross shuffle R/L.

- 1-2 Rf Heel, toe
- 3-4 Rf cross shuffle over the left, RLR
- 5-6 Lf Heel, toe
- 7-8 Lf cross shuffle over the right, LRL

Sec.7. Side step, cross shuffle, rock back 1/4 turn right, rock forward shuffle.

- 1-2. Rf side step, recover on L
- 3-4. R cross shuffle, LRL
- 5-6. Lf rock back, 1/4 turn R, recover on R
- 7-8. Lf rock forward shuffle

Sec.8. Rock forward, step lock step R/L.

- 1-2 Rf rock forward, recover on L
- 3-4 Step lock step RLR

5-6 Lf rock forward, recover on R
7-8 Step lock step LRL

Happy Dancing & fun.
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