

# Move It

Count: 64

Wand: 4

Ebene: High Improver

Choreograf/in: Syafri's Fitri (INA) - March 2022

Musik: Move It - Cynthia Lamusu



**START : After Intro 32 C**

**RESTARTS:-**

**On Wall 2 after 48 C**

**On Wall 3 after 48**

## **S1. SUGAR PUSH - TRIPLE STEP FWD - SIDE MAMBO R/L**

- &1 2 Push R ball next to LF, step LF forward, step RF forward
- 3&4 Step LF forward , Close RF next to LF, step LF in place
- 5&6 Rock RF to R, Recover onto LF, Close RF next to LF
- 7&8 Rock LF to L, Recover onto RF, Touch Close LF next to RF

## **S2. DIAGONAL FWD - LOCK BEHIND - LOCK SHUFFLE DIAGONAL FWD (R/L)**

- 1 2 Step RF diagonal fwd, Lock LF behind RF
- 3&4 Step RF diagonal fwd, Lock LF behind RF, step RF forward
- 5 6 Step LF diagonal fwd, Lock RF behind LF
- 7&8 Step LF diagonal fwd, Lock RF behind LF, step LF forward

## **S3. VAUDEVILLE R/L**

- 1 2& Step RF slightly to R, Cross LF behind RF Close R toe next to LF
- 3&4 Step L heel diagonal forward, Close LF next to RF, Cross RF over LF
- 5 6& Step LF slightly to L, Cross RF behind LF, Close L toe next to RF
- 7&8 Step R heel diagonal forward, Close RF next to LF, Cross LF over RF

## **S4. SIDE - TOGETHER - SACHEE -SIDE TOUCH - CLOSE- SIDE TOUCH - SAILOR TURN 1/4**

- 1 2 Step RF to R, Close LF next to RF
- 3&4 Step RF to R, Close LF next to RF, step RF to R
- 5&6 Touch LF to L, Touch Close LF next to RF, touch LF to L
- 7&8 Turn 1/4 L sweep LF behind RF, step RF to R, step LF to L

## **S5. GRAPEVINE - SIDE TOUCH - CLAP -ROLLING 3/4 - TOUCH**

- 1 2 Step RF to R, Cross LF behind RF
- 3 4 Step RF to R, Touch LF to L ( with Clap Your Hand )
- 5 6 Turn 1/4 L stepping LF fwd, Turn 1/4 L stepping RF fwd,
- 7 8 Turn 1/4 L stepping LF to L, Close RF next to LF

## **S6. KNEE POP 2x - INPLACE - MOVE BOTH SHOULDER RLR - (SIDE - FLICK) 2 X**

- 1 2 Pop both knees forward 2x ( Optional...for Improver 1x )
- 3&4 Move both shoulder on front to back R,L,R
- 5 6 Step RF to R, Flick LF back
- 7 8 Step LF to L, Flick RF back

**Here Restart on Wall 2 & 3**

## **S7. OUT OUT - IN IN - (PIVOT TURN 1/4) 2X**

- 1 2 Step RF diagonal fwd, step LF diagonal fwd
- 3 4 Step RF back to centre, close LF next to RF
- 5 6 Step RF fwd, Turn 1/4 L weight on LF
- 7 8 Step RF fwd, Turn 1/4 L weight on LF

**S8. SACHEE - TURN 1/4 SACHEE ( L R L)**

- 1&2 Step RF to R, Close LF next to RF, step RF to R
- 3&4 Turn 1/4R stepping LF to L, Close RF next to LF, step LF to L
- 5&6 Turn 1/4 R stepping RF to R, Close LF next to RF, step RF to R
- 7&8 Turn 1/4 R stepping LF to L, Close RF next to LF, step LF to L

Contact: [syafrinurasfitri66@gmail.com](mailto:syafrinurasfitri66@gmail.com)

---