Sand in My Boots

Ebene: High Beginner

Choreograf/in: Jamie Sweet (USA) - March 2022 Musik: Sand In My Boots - Morgan Wallen

#1 restart and 2 tags

Count: 32

ROCK R FORWARD, RECOVER, TRIPLE ½ TURN (X2)

- Rock R forward, Recover weight to Left 1.2
- 3&4 ¹/₄ Turn right stepping right to right side, ¹/₄ turn right stepping left next to right, step forward on right (shuffle 1/2 turn right)
- 5,6 Rock L forward, Recover weight to Right
- 1/4 Turn left stepping left to left side, 1/4 turn left stepping right next to left, step forward on left 7&8 (shuffle 1/2 turn left)

SKATE FORWARD R, L, TRIPLE, SKATE FORWARD L, R, TRIPLE

- Slide R foot forward and slightly to side in small curve and put weight on the right foot (1) 1,2 Slide L foot forward and slightly to side in small curve and put weight on the left foot (2)
- 3&4 Step R forward, step L together, step R forward
- Slide L foot forward and slightly to side in small curve and put weight on the left foot (5) Slide 5,6 R foot forward and slightly to side in small curve and put weight on the right foot (6)
- 7&8 Step L forward, step R together, step L forward

CROSS ROCK, TRIPLE ¼ TURN, ½ TURN, ½ TURN, TRIPLE

- 1,2 Cross R over Left, Recover weight to Right
- 3&4 1/4 Turn R stepping R forward, step L together, step R forward
- 5.6 1/2 Turn stepping back on Left, 1/2 turn stepping forward on Right
- 7&8 Step L forward, step R together, step L forward

(Alternate steps for count 5,6 walk Left, walk Right)

ROCK, RECOVER, SWEEP RF, SWEEP LF, ROCK STEP

- 1,2 Rock R forward, Recover weight to Left
- 3 Point right toe out and around from back to front, Step R
- 4 Point left toe out and around from back to front, Step L
- Rock Step back on Right, Rock Forward onto Left 5.6

RESTART here during wall 8 3 o'clock

Rock Step back on Right, Rock Forward onto Left 7,8

TAG #1- After wall 1 (at end of dance) add this 2-count tag - 3 o'clock wall

1-2 Rock Step back on Right, Rock Forward onto Left

TAG #2- After wall 2 (at end of dance) add this 2-count tag – 6 o'clock wall

1-2 Rock Step back on Right, Rock Forward onto Left

RESTART on wall 8, do first 30 counts of dance, leave off count 31 & 32 then RESTART





Wand: 4