

For Real

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Miyeol (KOR) & BeBe (KOR) - February 2022

Musik: For Real - Joybird



Sec1. twist, hold, twist, hold

- 1, 2 Both heel out to R , Both toe out to R
- 3, 4 Both heel out to R , hold
- 5, 6 Both heel out to L , Both toe out to L
- 7, 8 Both heel out to L , hold

Sec 2. Rock and coaster x2

- 1, 2 Rock Rf fwd, recover on Lf
- 3&4 Step Rf back, step Lf beside Rf,step Rf fwd
- 5, 6 Rock Lf fwd, recover on Rf
- 7&8 step Lf back,step Rf beside Lf,step Lf fwd

Sec 3. K-step (option : k-step-hold)

count &12,&34,&56,&78

- 1, 2 Step Rf diagonal fwd R, touch Lf beside Rf
- 3, 4 Step Lf diagonal back L, touch Rf beside Lf
- 5, 6 Step Rf diagonal back R, touch Lf beside Rf
- 7, 8 Step Lf diagonal fwd L, touch Rf beside Lf

Sec 4. Jazz box 1/4 turn R

(option) : Jazz box in Toe struts 1/4 turn R

- 1, 2 Cross Rf over Lf , hole
 - 3, 4 1/4turn R Lf back, hold
 - 5, 6 step Rf to R side, hold
 - 7, 8 step Lf together, hold
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