

Duecentomila Ore

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Beatriz Gonzalez Paradell (UK) - February 2022

Musik: Duecentomila ore - Ana Mena



Intro: 16 count intro

[1-8] WALK (X2), LOCK STEP, WALK, ½ TURN, LOCK STEP

- 1 - 2 RF step forward, LF step forward
- 3&4 RF step forward, LF cross behind RF, RF step forward
- 5 - 6 LF step forward, ½ turn right (06:00)
- 7&8 LF step forward, RF cross behind LF, LF step forward

[9-16] FULL TURN, LOCK STEP, ROCK, SAILOR STEP

- 1 - 2 ½ turn left stepping RF back, ½ turn left stepping LF forward
- 3&4 RF step forward, LF cross behind RF, RF step forward
- 5 - 6 LF rock forward, recover weight on RF
- 7&8 LF cross over RF, RF step to right, LF step to left

[17-24] BACK, POINT, BACK, POINT, SAILOR STEP ¼ TURN, ROCK

- 1 - 2 RF step back (slightly cross), LF pointing to left
- 3 - 4 LF step back (slightly cross), RF pointing to right
- 5&6 RF cross behind LF with ¼ turn to the left, Step LF to left, RF step to right (09:00)
- 7 - 8 LF rock forward, recover weight on RF

[25-32] LOCK STEP, ROCK, STEP ½ TURN, BACK, ROCK

- 1&2 LF step backwards, RF step over LF, LF step backwards
- 3 - 4 RF rock backwards, recover weight on LF
- 5 - 6 Pivot ½ turn to left on ball of LF stepping RF backwards, LF step backwards (03:00)
- 7 - 8 RF rock backwards, recover weight on LF

TAG: AT THE END OF WALL 7

STEP, TOUCH, STEP TOUCH

- 1 - 2 Step RF diagonally forward, LF touch next to RF
- 3 - 4 Step LF diagonally backwards, RF touch next to LF

Enjoy!