My Enemy (Look Out for Yourself)



Count: 32 Wand: 2 Ebene: Intermediate WCS / Smooth

RnB

Choreograf/in: Mary Bee Friedrich (DE) & Selena Kallinich (DE) - 30 November 2021

Musik: Enemy - Imagine Dragons, JID & League of Legends: (From the Series Arcane,

League of Legends)

Intro: 8 Count.

Section 1: Rock Forward, Recover, Coaster Step, Shuffle L, Step 1/4 Turn L, Cross, L Side, Cross Behind

1 - 2	RF rock fwd., LF recover on weight
3 & 4	RF step back, LF close to RF, RF step fwd.

5 & 6 & LF step fwd., , RF lock to LF, LF step fwd. RF step fwd.,

7 & 8 & LF 1/4 turn to left, RF cross over LF, LF step to left, RF cross behind LF (9)

Section 2: , L Sweep, Cross Behind, R Side, Cross, Recover, L Side, Cross, L Side Rock, L Cross, R Side Rock, R Cross

1 - 2 &	LF sweep to left, LF cross behind R , RF step to right
3 - 4 &	LF cross over RF, RF recover on weight, LF step to left
5 - 6 &	RF cross over LF, LF recover on weight, RF step to right
7 & 8 &	LF cross over RF, RF rock to right, LF recover on weight, RF cross over LF (9)

Section 3: ½ Diamond, Rock Back, Recover, Rock'n Chair

1 - 2 &	LF step to left, RF cross behind LF, LF 1/8 turn R behind RF
3 - 4 &	RF 1/8 step turn to right, LF cross over RF, RF step right diagonal(1/8) fwd
5 - 6 &	LF 1/8 turn step to left, RF rock back, LF recover on weight
7 & 8 &	RF rock fwd., LF recover on weight, RF rock back, LF recover on weight (3)

Section 4: Walk R/L, Mambo R, Cross, Shuffle ½ Turn R, Run R/L, Hitch ¼ L Turn (Hip)

1 - 2	RF step fwd,. LF step fwd, (lasiv walk)
3 & 4	RF rock to right side, LF recover on weight, RF cross over LF
5 & 6	LF cross behind ¼ turn to right, RF1/4 turn to right, LF step fwd. (9)
7 - 8 &	RF step to fwd., LF step fwd., RF hitch up (witch your Hip to right) 1/4 turn to left (6)

Makes you happy - Dance you Dance and make some smoothi Rock'n Moves

- the Choreography always turns contra clockwise -

RF > right foot :: LF > left foot :: bwd.s > backwards/back :: fwd.> forward

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