

Inner Sand 2022

Count: 32

Wand: 4

Ebene: High Beginner

Choreograf/in: Karen Lee (TW) - January 2022

Musik: Das Herz im Sand - Calimeros



Intro: 32 Counts, Start on Vocals, *No Restart , No Tag.

S1 : Point & Point & HEEL & HEEL &, Forward Rock, Recover, Shuffle 1/2 R.

- 1&2& Touch RF toe to R Side (1), step RF next LF (&), Touch LF toe to L Side (3), step LF next RF (&)
- 3&4&, Diagonal RF heel forward (3), step RF next to LF (&), Diagonal LF heel forward (4), step LF next to RF (&)
- 5-6, 7&8, Rock RF Forward (5), Recover To LF (6), Turn ¼ R step RF to R side (7), step LF next to RF (&), Turn ¼ R step forward on RF (8) (6:00)

S2 : Syncopated Jazz Box, Cross Rock, Recover, Side Shuffle.

- 1-2&, 3-4 Step LF Forward (1), Step RF Back (2), Step LF to L side (&), Step RF over LF (3), Step LF to L Side (4).
- 5-6, 7&8 Cross RF over LF Rock (5), Recover to LF (6), step RF to R side (7), step LF next to RF (&), step RF to R side (8)

S3 : Rocking Chair, Rock, Forward Rock, Recover, Shuffle 1/2 L.

- 1-2-3-4 Step LF Forward Rock, Recover to RF, Step LF Back, Step RF in place
- 5-6, 7&8 Rock LF Forward (5), Recover To RF (6), Turn ¼ L step LF to L side (7), step RF next to LF (&), Turn ¼ L step forward on LF (8) (12:00)

S4 : Kick Ball Step (Twice), Jazz Box 1/4 R.

- 1&2, Kick RF Forward (1), Step RF Down (&), Step LF Forward (2),
- 3&4 = 1 & 2
- 5-6-7-8 Step RF Forward, Back LF, Turn 1/4 R Step RF To R, Step LF Forward. (3:00)

Start Again!

Enjoy and happy dancing.....

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