

Upside Down

Count: 32

Wand: 4

Ebene: Improver

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Musik: Upside Down - A*Teens



Intro: 16 counts from hard beat

Section 1 : ¼ Box with touch x 4

- 1-2 Step RF to R, Touch LF next to RF
- 3-4 Turn ¼ L Step LF to L, Touch RF next to LF (9 o'clock)
- 5-6 Turn ¼ L Step RF to R, Touch LF next to RF (6 o'clock)
- 7-8 Turn ¼ L Step LF to L, Touch RF next to R (3 o'clock)

(styling hands: Up and Down)

Section 2 : R Grapevine, Step Forward, Kick, Step Backward, Side Touch

- 1-2 Step RF to R, Cross LF Behind RF
- 3-4 Step RF to R, Touch LF next to RF
- 5-6 Step LF Forward, Kick RF forward
- 7-8 Step RF Backward, Touch LF to L

**** Restart here on Wall 4.**

StepChange on count 8 turn 1/4 L (Start dance at 6 oclock)

Section 3: Sailor step Turn ¼ L, Pivot Turn ¼ L, Cross shuffle, Turn ¼ L Forward Shuffle

- 1&2 Turn ¼ L Cross LF behind RF, Step RF to R, Step LF in place
- 3-4 Step RF Forward, turn ¼ L weight on LF
- 5&6 Cross RF over LF, Step LF to L, Cross RF over LF
- 7&8 Turn ¼ L Step LF Forward, Close RF to LF, Step LF Forward

Section 4: Step Forward, Swivel, Back, Hitch, Back, Hitch, Rock Back

- 1&2 Step RF Forward, Swivel Both Heel RL
- 3-4 Step RF Backward, Hitch LF
- 5-6 Step LF Backward, Hitch RF
- 7-8 Rock RF Backward, Recover onto LF

Tag : after wall 8 (4 counts) facing 12:00

Toe Strut

- 1-2 Step Forward touching R toe , Drop R heel down
- 3-4 Step Forward touching L toe, Drop L heel down

Happy Dancing...Keep healthy!!!

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