

Trenta

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Gabi Ibáñez (ES) & Paqui Monroy (ES) - November 2021

Musik: Tie Me Down - Max Flinn



RF = Right Foot

LF = Left Foot

Intro in count 32 with the voice

[1-8] STEP, ½ TURN, STEP, ½ TURN, RUMBA (R) fwd

- 1 - 2 Step RF forward, ½ turn to left
- 3 - 4 Step RF forward, ½ turn to left
- 5 - 6 Step RF to right, Step LF next to RF
- 7 - 8 Step RF forward, Scuff LF next to RF

[9-16] ROCKIN' CHAIR (L), HOOK COMBINATION (L) ending with FLICK-SLAP

- 1 - 2 Rock LF forward, recover weight on RF
- 3 - 4 Rock LF back, recover weight on RF
- 5 - 6 Touch left heel forward, Left Hook over RF
- 7 - 8 Touch left heel forward, Left Flick back and slap with left hand in left heel

[17-24] GRAPEVINE (L) ending with TOUCH, STEP with ¼ TURN, STEP with ½ TURN, SHUFFLE with ½ TURN

- 1 - 2 Step LF to left, Cross RF behind LF
- 3 - 4 Step LF to left, touch right toe next to LF
- 5 - 6 ¼ turn to right with RF forward, ½ turn to right with LF back (9h)
- 7 & 8 ¼ turn to right with RF to right, Step LF next to RF, ¼ turn to right with RF forward (3h)

[25-32] SLOW VAUDEVILLE (L) , & HEEL, & ROCK STEP, STEP, HOOK

- 1 - 2 Cross LF over RF, Step RF to right
- 3 & 4 Touch left heel forward, Step LF next to RF, Touch right heel forward
- & 5-6 Step left next to RF, Rock LF forward, Recover weight on RF
- 7 - 8 Step LF back, Right Hook over LF

REPEAT

TAG: after 6th wall, we add 4 counts (6h)

ROCKIN'CHAIR (R)

- 1-2 Rock RF forward, Recover weight on LF
- 3-4 Rock RF back, Recover weight on LF

ENDING: We dance all 11th wall ending looking 9h and we add ¾ turning to left

[1-2] CROSS, ¾ TURN

- 1-2 Cross RF over LF, ¾ turn to left (12 h)