# Sixteen Tons

**Count: 32** 

Ebene: Low Intermediate

Choreograf/in: Aurora Profumo (DE) - November 2021

Musik: Sixteen Tons - Southern Raised : (bass singer cover)

INTRO 1: 32 counts INTRO 2: 16 counts PART A: 32 counts TAG: 48 counts

Sequence: INTRO 1, INTRO 2, A, A, A(restart), A (restart), A, A, A, A, INTRO 2, A, A, TAG, A, A, A(final). INTRO 1: 32 counts

\*1st seq.: HEEL TOUCH RF, HEEL TOUCH LF, HEEL TOUCH RF, HOOK FWD RF, CLOSE, HEEL TOUCH LF, HEEL TOUCH RF, HEEL TOUCH LF, HOOK FWD LF, CLOSE.

1-4 RF heel touch fwd, close, LF heel touch fwd, close, RF heel touch fwd, RF hook fwd LF

5-8 LF heel touch fwd, close, RF heel touch fwd, close, LF heel touch fwd, LF hook fwd RF.

#### \*2nd seq.: HEEL TOUCH RF, HEEL TOUCH LF, HEEL TOUCH RF, HOOK FWD RF, CLOSE, HEEL TOUCH LF, HEEL TOUCH RF, HEEL TOUCH LF, HOOK FWD LF, CLOSE.

RF heel touch fwd, close, LF heel touch fwd, close, RF heel touch fwd, RF hook fwd LF 1-4

LF heel touch fwd, close, RF heel touch fwd, close, LF heel touch fwd, LF hook fwd RF. 5-8

## INTRO 2: 16 counts

#### #1st seq.: WEAVE R, SCISSOR STEP R, HOLD.

- RF open to R, LF crosses behind RF, RF open to R, LF crosses on RF 1-4
- 5-8 RF open to R, LF reaches RF, RF crosses on LF, Hold.

#### #2nd seq.: WEAVE L, SCISSOR STEP L, HOLD.

- 1-4 LF open to L, RF crosses behind LF, LF open to L, RF crosses on LF
- 5-8 LF open to L, RF reaches LF, LF crosses on RF, Hold.

#### PART A: 32 counts

# \$1st seq.: ROCK R FWD, L STOP, ROCK R BACK, L STOMP, LOCK FWD R, L STOMP.

- 1-4 RF step fwd and put on weight, LF stomp, RF step back and put on weight, LF stomp
- 5-8 RF step fwd, LF close behind RF, RF step fwd, LF stomp near RF.

# \$2nd seq.: FOOT BOGIE R, STOMP L, ROCK FWD LF, 1/2 TURN TO L, R STOMP.

- turn RF toe to R, turn RF heel to R, turn RF heel to R, LF stomp 1-4
- 5-8 rock LF fwd, recover on RF, 1/2 turn to L (weight on RF), recover on LF, stomp with RF.

#### \$3rd seq.: OUT, HOOK FWD LF, OUT, HOOK FWD RF, LOCK FWD RF, HOLD.

- 1-4 open both feet turning slightly diagonal to R, return, LF hook fwd, open both feet turning slightly diagonal to L, return, RF hook forward.
- 5-8 RF step fwd, LF close behind RF, RF step fwd, hold.

# \$4th seq.: PIVOT FULL TURN R, HOLD, COASTER STEP R, STOMP L.

- 1-2 LF step fwd, full turn to R (weight on RF), recover on LF
- 3-4 HOLD
- 5-8 RF steps back, LF reaches RF, RF steps fwd, LF stomps near RF.

#### TAG: 40 counts

- -1st seq.: HOLD, UNWND 1/2 TURN L.
- 1-4 hold
- 5-8 RF crosses on LF, 1/2 turn to L (weight on both feet)





Wand: 2

-2nd seq.: HOLD, STRIDE LF, SLIDE RF.

1-4 hold

5-8 stride LF back, slide RF.

## -3rd seq.: HOLD

1-8 HOLD

#### -4th seq.: VAUDEVILLE STEP R, VAUDEVILLE STEP L.

- 1-4 RF step to R, LF crosses on RF, RF step lateral to R, LF heel touch, return
- 5-8 LF step to L, RF crosses on LF, LF step lateral to L, RF heel touch, return.

#### -5th seq.: HEEL TOUCH L, HEEL STRUT R, HEEL FUN R, FLICK R, STOMP R.

- 1-4 LF heel touch fwd, close, RF heel touch fwd, put down RF toe (weight on LF)
- 5-8 RF heel turn to R and return, R leg flick lateral (weight on LF), RF stomp.

#### \*1st restart: 3rd wall, after the first 8 counts.

\*\*2nd restart: 4th wall after 24 counts.

At the end the music slows down so the dance will be adapted to the song.