

Pressure Down EZ

COPPER KNOB
STEPSHEETS

Count: 32

Wand: 4

Ebene: Absolute Beginner / Beginner

Choreograf/in: Annemaree Sleeth (AUS) - October 2021

Musik: Pressure Down - John Farnham : (CD: Greatest Hits)



Note I have written this for the students at Sherbrooke U3a Melbourne Australia.
To Teach ½ pivot turns

#32 Count Intro Begin on Words "Set" the wheels in motion,

S 1 (1 - 8) K STEP,

- 1-2 Step Diag Right Forward, Touch Left Beside Right
- 3-4 Step Diag Left Back,, Touch Right Beside Left
- 5-6 Step Diag Right Back, Touch Left Beside Right
- 7-8 Step Diag Left Forward, Touch Left Beside Right

S 2 (9 -14) VINE, TOUCH, VINE, ¼, SCUFF

- 1-2 Step Right Side, Cross Left Slightly Behind Right
- 3-4 Step Right Side, Touch Left Beside Right
- 5-6 Step Left Side, Cross Right Behind Left
- 7-8 Turn ¼ Left Step Left Forward, /Touch or Scuff Right Over Left (9.00) ending *

S 3 (17 - 24) STEP ½ L PIVOT STEP, TOUCH,STEP ½ R PIVOT STEP, TOUCH

- 1-2 Step Right Forward, Pivot ½ Left
- 3-4 Step Right Forward,,Hold Snap Fingers on Holds
- 5-6 Step Left Forward, ½ Pivot Right
- 7-8 Step Left Forward, Touch Right Beside Left

S 4 (25 -32) SIDE, TOGETHER, SIDE TOUCH, HIP BUMPS X 3 TOUCH

- 1-2 Step Right Side, Step Left Beside Right
- 3-4 Step Right Side, Touch Left Beside Right
- 5-6 Step Left Side Bump Hips Right, Bump Hips Left,
- 7-8 Bump Hips Right, Touch R Beside Left or Hold, Snap Fingers On Holds

Add sharp Hip Bumps and Hands above your head

- 1-2 Hips R, L
- 3&4& Hips R, L, R, L

Ending Wall 12 Facing 3.00 Dance up to ¼ Vine and step Forward

Email: Inlinedancing@Gmail.Com

Watch The Video On Annemaree Sleeth Youtube (Frederina521)