

Garde à nous EZ

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Maryse Fourmage (FR) - 17 October 2021

Musik: Garde à nous - Charlotte



Start : 18 Count (10 s. approximately, On the lyrics « Puisque »)

No Tag - No Restart

[1-8] Heel Struts Forward X4

- 1-2 Step right heel FW, drop right toe
- 3-4 Step left heel FW, drop left to
- 5-6 Step right heel FW, drop right toe
- 7-8 Step left heel FW, drop left toe

[9-16] Out, Hold, Out, Hold, Bump Rx2, Bump Lx2

- 1-2 RF FW on R Diagonal, Hold
- 3-4 LF FW on L Diagonal, Hold
- 5-6 Bump R, Bump R
- 7-8 Bump L, Bump L

Option : 5-8 Hip Roll

[17-24] Toe Struts Back X4

- 1-2 Step right toe back, drop right heel
- 3-4 Step left toe back, drop left heel
- 5-6 Step right toe back, drop right heel
- 7-8 Step left toe back, drop left heel

[25-32] Step, Touch, Step ¼ L, Touch, Out, Out, Bounces

- 1-2 RF to the R side, Touch LF next to RF
- 3-4 LF to the L side with ¼ L, Touch RF next to LF
- 5-6 RF FW on R Diagonal, LF FW on L Diagonal
- 7&8& Bouncesx2 (Heels Up, Heels Down, Heels Up, Heels Down)

Smile and enjoy the dance

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