

Gaspol

Count: 32

Wand: 4

Ebene: High Beginner

Choreograf/in: Roosamekto Mamek (INA) - October 2021

Musik: Gaspol - Ghea Youbi



Intro: 32 count

S1. STEP, LOCK, DIAGONAL LOCK SHUFFLE

- 1-2 Step R diagonal forward - Lock L behind R (12:00)
- 3&4 Step R diagonal forward - Lock L behind R - Step R diagonal
- 5-6 Step L diagonal forward - Lock R behind L
- 7&8 Step L diagonal forward - Lock R behind L - Step L diagonal (12:00)

S2. CROSS, SIDE, SAILOR STEP, CROSS, SIDE, SAILOR TURN 1/4 LEFT

- 1-2 Cross R over L - Step L to side (12:00)
- 3&4 Step R to side - Step L together - Step R to side
- 5-6 Cross L over R - Step R to side
- 7&8 Turn 1/4 left step L behind R - Step R together - Step L forward (9:00)

S3. SIDE ROCK, CROSS SHUFFLE, HINGE 1/2 TURN RIGHT, CROSS SHUFFLE

- 1-2 Rock R to side - Recover on L (9:00)
- 3&4 Cross R over L - Step L to side - Cross R over L
- 5-6 Turn 1/4 right step L back - Turn 1/4 right step R to side (3:00)
- 7&8 Cross L over R - Step R to side - Cross L over R (3:00)

S4. V STEP, JAZZ BOX

- 1-4 Step R diagonal forward - Step L diagonal forward - Step R back to center - Step L together (3:00)
- 5-8 Cross R over L - Step L back - Step R to side - Step L forward (3:00)

REPEAT

TAG1 (8 COUNT) : End of wall 1

K STEP

- 1-4 Step R diagonal forward - Touch L together - Step L diagonal back - Touch R together
- 5-8 Step R diagonal back - Touch L together - Step L diagonal forward - Touch R together

TAG2 (12 COUNT) : End of wall 8

K STEP, ROCKING CHAIR

- 1-4 Step R diagonal forward - Touch L together - Step L diagonal back - Touch R together
- 5-8 Step R diagonal back - Touch L together - Step L diagonal forward - Touch R together

- 1-4 Rock R forward - Recover on L - Rock R back - Recover on L

For more info about step sheet & song, please contact:

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