

# Achy Breaky Heart

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Laura Rittenhouse (AUS) - October 2021

Musik: Achy Breaky Heart - Billy Ray Cyrus



Start after 16 counts

## S1: RAMBLE RIGHT & LEFT

(Start with weight placed evenly on both feet.)

1,2,3,4 Swivel both heels right, Swivel both toes right, Swivel both heels right, Hold

5,6,7,8 Swivel both heels left, Swivel both toes left, Swivel both heels left, Hold

## S2: ROCK BACK, TAP HEEL, ROCK FWD, TAP TOE; REPEAT

1,2,3,4 Rock back on R foot, Tap L heel in place, Rock fwd on L foot, Tap R toe in place

5,6,7,8 Rock back on R foot, Tap L heel in place, Rock fwd on L foot, Scuff R fwd

## S3: LOCK FORWARD

1,2,3,4 Step R forward, Lock L behind R, Step R forward, Swing L forward

5,6,7,8 Step L forward, Lock R behind L, Step L forward, Touch R beside L

## S4: ZIGZAG BACK TO TURN ¼ L

1,2,3,4 Step R back on R diagonal, Touch L beside R, Step L back on L diagonal, touch R beside L

5,6,7,8 Step R back on R diagonal, Touch L beside R, Turning ¼ L step L back on L diagonal (9:00),  
Stomp R beside L (placing weight evenly on both feet)

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