Any Old Rainbow



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Myra Harrold (SCO) - September 2021

Musik: True Colors - Zedd & Kesha

Intro: 8 Counts

Sect:1 Lunge R, Touch, 1&1/4 Turn R,3 Walks 1/2 R, V Step On Toes

1,2,3&4 Lunge R,Lifting L Toes,Recover Lf,Touch R Toe To Lf,Pivot 1/4 R,Rf Fwd,Pivot 1/2 R,Lf

Back, Pivot 1/2 R, Rf Fwd (3)

5&6,7&8& Turn 1/4 R,Lf Fwd,Turn 1/4 R,Rf Fwd,Lf Fwd,Rf Diag R On Toes,Lf Diag L On Toes,Rf Back

To Centre, Lf Back To Centre (9)

Sect:2 Lunge, Recover, Rock Back, Recover, Fwd 1/4, Weave L, Sweep, Weave R, Rock, Recover

1,2,3&4& Lunge Rf Fwd (Reach R Hand Fwd)Recover Lf,Rock Rf Back,Recover Lf,Rf Fwd,Pivot 1/4

L,Lf To L (6)

5&6&7&8& Cross Rf Over Lf,Lf To L,Rf Behind Lf,Sweep Lf To Behind Rf,Rf To R,Rock Lf Over

Rf,Recover Rf (6)

Sect:3 Side Rock, Recover, Pencil Turn 1/2, Cross Rocking Chair, Fwd, Hitch, Cross Hitch, Rock, 1/4 Rock

1&2,3&4& Rock Lf To L,Recover Rf,Lf Fwd,Pivot 1/2 L Keeping R Toe To Lf,Cross Rock Rf Over

Lf,Recover Lf,Rock Rf To R,Recover Lf (12)

5,6,7&8& Cross Rf Over Lf,Hitch Lf,Cross Lf Over Rf,Hitch Rf,Cross Rock Rf Over Lf,Recover Lf,Rock

Rf To R, Pivot 1/4 R, Recover Back On Lf (3) Restart Here

Sect:4 Back Rock,1/2 Turn,Back Rock,Spiral Full Turn,Chase 1/2 Turn,Triple Full Turn

1,2&3,4&5 Rock Rf Back,Recover Lf,Pivot 1/2 L,Rf Back,Rock Lf Back,Recover Rf,Lf Fwd,Pivot Full

Turn R On Lf,Rf Fwd (9)

6&7&8& Lf Fwd, Pivot 1/2 R Onto Rf, Lf Fwd, Pivot 1/2 L, Rf Back, Pivot 1/2 L, Lf Fwd, Touch Rf To Lf

Restart On Wall 5 - Dance To End Of Section 3 And Restart Dance At 3 O.Clock

To Finish At Front Wall- After The V Step, Step Rf Fwd, Slow Pivot 1/2 L.

(On Certain Walls You Will Hear The Words - Fire In Your Eyes - You Will Be Doing The Cross Walks. You Can Place Your Hands, Palms Facing Fwd, In Front Of Your Eyes And Then Pull Your Hands Apart)