

# Lost My Heartbreak

**COPPER** **KNOB**  
BY STEPHENETS

Count: 32

Wand: 2

Ebene: Beginner

Choreograf/in: Patrizia Menga (IT) - September 2021

Musik: Lost My Heartbreak - David J



**#1 sequence : POINT RIGHT FORWARD, HEEL RIGHT DOWN, STEP LEFT FORWARD, RECOVER LEFT, STEP LEFT BACK, STEP RIGHT BACK, LEFT COASTER STEP.**

- 1&2 Step with point right forward and heel right down.  
3&4 Step left forward, recover left.  
5&6 Step left back, step right back.  
7&8 Step left back, step right near left, step left forward.

**#2 sequence : STEP RIGHT SIDE RIGHT, CROSS RIGHT STEP FORWARD, STEP LEFT SIDE LEFT, CROSS RIGHT BACK, OPEN LEFT SIDE LEFT, CROSS RIGHT FORWARD, OPEN LEFT SIDE LEFT, CROSS RIGHT BACK**

- 1&2 Step right side right, cross right step forward.  
3&4 Step left side left cross right back.  
5&6 open left side left, cross right forward.  
7&8 open left side left, cross right back.

**#3 sequence :KICK BALL CROSS FOR TWO TIME, ( 12:00), POINT RIGHT SIDE RIGHT, HEEL RIGHT DOWN, POINT LEFT SIDE RIGHT TURN, ( 6:00). HEEL LEFT DOWN.**

- 1&2 ( 12 :00) : kick right side right, step right, cross left forward  
3&4 ( 12:00): kick right side right, step right, cross left forward.  
5&6 (12 :00) : point right side right end turn ( 6:00), HEEL down.  
7&8 ( 6:00) : point left right side, heel left down.

**#4 sequence : STEP RIGHT CROSS BACK, SCUFF RIGHT FORWARD, SVIVOL RIGHT, ROCK JUMP BACK RIGHT, RECOVER LEFT.**

- 1&2 ( 6:00) : Step right cross back.  
3&4 ( 6:00) : scuff right forward, put right down.  
5&6 ( 6: 00) :Put your heel right side and return.  
7&8 ( 6:00) : rock right jump back, recover left.

**\*2 WALL,**

**\*3 WALL**

**\*TAG ( 16 COUNT).**

**\*1 sequence ROCK IN CHAR, SHUFFLE RIGHT, 2 TIME ROCK IN CHAR.**

- 1&2 Step right forward (2 count).  
3&4 Step right back( 2 Count).  
5&6 Step right forward, step left forward near right, step right forward.  
7&8 Step forward left ( 2 count).

**\*2 sequence :ROCK LEFT BACK, SHUFFLE FORWARD LEFT, STEP RIGHT TURN, STEP RIGHT BACK TURN, STEP LEFT CLOSE.**

- 1&2 ( 12:00) : rock left back ( 2 count).  
3&4 (12:00) step left forward, step right forward near left, step left forward.  
5&6. ( 12:.00) step right forward and turn ½ (6:00).  
7&8 ( 6:00) : Step right forward, turn ½ (12:00),step left close near right.

**\*4 WALL**

**\*5 WALL**

**\*Tag**

**\*6 WALL .**

**\*7 Wall only 16 count, all 8 count one stomp right.**

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