

Mambo Rock

COPPER KNOB
STEPSHEETS

Count: 112

Wand: 2

Ebene: Phrased High Improver

Choreograf/in: Ayu Permana (INA) - September 2021

Musik: Mambo Rock - Cagey Strings



The dance starts on vocal - No tags - No Restart

Sequence: A-B-A-C-B-A-C-B-A-C-A-C(16)

PART A (32 counts)

SECTION 1. (R/L) SIDE MAMBO & HOLD (12.00)

1-2-3-4 Step/rock R to side - Recover on L - Step R next to L - Hold

5-6-7-8 Step/rock L to side - Recover on R - Step L next to R - Hold

SECTION 2. SLOW PRISSY WALK - FORWARD MAMBO - KICK (12.00)

1-2-3-4 Step R forward in front of L - Hold - Step L forward in front of R - Hold

5-6-7-8 Step/rock R forward - Recover on L - Step R close to L - Kick L forward

SECTION 3. BACK SHUFFLE - HOLD - SHUFFLE 1/2 TURN - HOLD (06.00)

1-2-3-4 Step L backward - Step R close to L - Step L backward - Hold

5-6-7-8 Step R backward, making 1/4 turn right (03.00) - Step L close to R - Turn 1/4 right, step R forward (06.00) - Hold

SECTION 4. OUT OUT & COASTER STEP WITH HOLD (06.00)

1-2-3-4 Step L to forward left diagonal - Hold - Step R to forward right diagonal - Hold

5-6-7-8 Step L backward - Step R next to L - Step L forward - Hold

PART B - (32 COUNTS)

Always facing (06.00)

SECTION 1. PADDLE FULL TURN LEFT (06.00)

1-2-3-4 Turn 1/4 left, touch R toe out to side - Recover onto L - Turn 1/4 left, touch R out to side - Recover onto L (12.00)

5-6-7-8 Turn 1/4 left, touch R toe out to side - Recover onto L - Turn 1/4 left, touch R toe out to side - Recover onto L (06.00)

SECTION 2. (R/L) CROSS - SIDE - RECOVER - HOLD (06.00)

1-2-3-4 Cross R over L - Step L to side - Recover on R - Hold

5-6-7-8 Cross L over R - Step R to side - Recover on L - Hold

SECTION 3. WALK FORWARD - HOLD - FORWARD MAMBO - KICK (06.00)

1-2-3-4 Step forward on R - L - R - Hold

5-6-7-8 Step/rock L forward - Recover on R - Step L close to R - Kick R

SECTION 4. WALK BACKWARD - HOLD - COASTER CROSS (06.00)

1-2-2-4 Step backward on R - L - R - Hold

5-5-7-8 Step L backward - Step R next to L - Cross L over R - Hold

PART C (48 COUNTS)

Start always facing (12.00) and ends at (06.00)

SECTION 1. (R/L) CHARLESTON STEP & HOLD (06.00)

1-2-3-4 Touch R toe in front of L - Hold - Sweep R toe from front to back and step R behind L - Hold

5-6-7-8 Touch L toe behind R - Hold - Sweep L toe from back to front and step L in front of R - Hold

SECTION 2. KICK & STEP (MOVING FORWARD) (06.00)

1-2-3-4 Kick R forward - Step down R - Kick L forward - Step down L

5-6-7-8 Kick R forward - Step down R - Kick L forward - Step down L

SECTION 3. MOVING DIAGONALLY BACKWARD & TOE TOUCH (06.00)

1-2-3-4 Step R backward to right diagonal - Touch L toe - Step L backward to left diagonal - Touch R toe

5-6-7-8 Step R backward to right diagonal - Touch L toe - Step L backward to left diagonal - Touch R toe

SECTION 4. (R/L) GRAPEVINE & SCUFF

1-2-3-4 Step R to side - Step L behind R - Step R to side - Scuff L

5-6-7-8 Step L to side - Step R behind L - Step L to side - Scuff R

SECTION 5. PIVOT 1/4 TURN WITH HOLD - PIVOT 1/2 TURN WITH HOLD

1-2-3-4 Step R forward - Hold - Turn 1/4 left on L (09.00) - Hold

5-6-7-8 Step R forward - Hold - Turn 1/2 left on L (03.00) - Hold

SECTION 6. PIVOT 1/4 TURN WITH HOLD - PIVOT 1/2 TURN WITH HOLD

1-2-3-4 Step R forward - Hold - Turn 1/4 left on L (12.00) - Hold

5-6-7-8 Step R forward - Hold - Turn 1/2 left on L (06.00) - Hold

REPEAT

Have fun and happy dancing..

Contract: permanaayu@yahoo.co
