

# Atemlos

Count: 48

Wand: 2

Ebene: Intermediate

Choreograf/in: Caecilia M Fatruan (INA) - July 2021

Musik: Atemlos durch die Nacht - Helene Fischer



Dancing start when the Singer sings

## S1. SIDE, CLOSE, SHUFFLE FWD, SIDE, CLOSE, SHUFFLE FWD

- 1-2 RF step to R, LF close together
- 3&4 RF step fwd, LF close together (&), RF step fwd
- 5-6 LF step to L, RF close together
- 7&8 LF step fwd, RF close together (&), LF step fwd

## S2. ROCK FWD, ¼ TURN, ¼ TURN, STEP BACK, TOUCH.

- 1-2 RF rock fwd, recover on LF
- 3&4 RF ¼ turn to the right, (facing 3.00) LF close together (&), RF step fwd while making ¼ turn the right (facing 6.00)
- 5&6 LF step fwd while making ¼ turn to the right (facing 9.00) RF step beside (&) LF step to the left side while making ¼ turn to the right (facing 12.00)
- 7-8 RF step back, LF touch in place

## S3. SWEEP, STEP BACK, STEP FWD, LOCK STEP (X2), STEP FWD, HICKS RF

- 1-2 LF step sweep back while making ¼ turn the left, RF close together (facing 9.00)
- 3-4 LF step fwd, RF lock step behind
- 5-6 LF step fwd, RF lock step behind
- 7-8 LF step fwd, RF raised to knee level, Hicks

**\*Restart at 20 counts, ends at S3, count 4, RF does not lock step, but touch close beside LF.**

## S4. STEP SIDE, HIP SWAY, HICKS LF, SLIDE LEFT, STEP BACK, STEP SIDE

- 1234 RF down step to the right, while hip sway on place, Right, Left, Right, LF raised to knee level, hicks
- 5-6 LF sliding to the Left with 2 count
- 7-8 RF step behind LF, LF step to the left, beside RF

**\*At the time of restart 32 count, LF on the count of 8, do not step beside RF, but recover on LF.**

## S5. JAZZ BOX, RF STEP FWD, LOCK STEP, RF STEP FWD, LF STEP FWD

- 1-2 RF cross in front of LF, LF step beside RF while make ¼ turn to right
- 3-4 RF step beside LF, LF step in front of RF (facing 12.00)
- 5-6 RF step fwd, LF step behind
- 7-8 RF step fwd, LF step fwd

## S6. STEP BEHIND, STEP FWD, ROCK FWD ¼ TURN L, RECOVER ¼ TURN L, STEP FWD ¼ TURN L, CLOSE, STEP SIDE ¼ TURN L, STEP BACK ¼ TURN L, CLOSE, STEP FWD ¼ TURN L

- 1-2 RF step behind LF, LF step fwd
- 3-4 RF step fwd while making ¼ turn to the left (facing 9.00), Recover on LF while making ¼ turn to the left (facing 6.00)
- 5&6 RF step fwd while making ¼ turn to the left (facing 3.00), LF close together (&), RF step to the right while making ¼ turn to the left (facing 12.00)
- 7&8 LF step back while making ¼ turn to the left (facing 9.00), RF close together (&), LF step to the left while making ¼ turn to the left (facing 6.00)

Restart :

**-32 count, On Wall 2, 3, 7, 10**

-24 count, On Wall 5  
-20 count, On Wall 9

WELL DONE..YOU DID IT

\*Thank you very much to Mr Peter Yan, for suggesting the music.

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