# Solivita Stomp



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Gail Smith (USA) - May 2021

Musik: I Was On a Boat That Day - Old Dominion



## Basic steps will let you choose all kinds of other songs!

INTRO: 32 Counts, begin on vocals

#### R HEEL, TOGETHER, L HEEL w 1/4 Turn R, R HEEL, TOGETHER, L HEEL TOGETHER

|       |        |          | <u> </u> |          |
|-------|--------|----------|----------|----------|
| 1 - 2 | I an R | heel fwd | Sten R   | together |

3 - 4 Tap L heel fwd, Swivel L toes to R making 1/4 turn R (weight on L) 9:00

5 - 6 Tap R heel fwd, Step R together7 - 8 Tap L heel fwd, Step L together

### R ROCKING CHAIR, STEP, PIVOT 1/2, STEP FWD, HOLD

| 1 - 2 | Rock R fwd, Recover onto L     |
|-------|--------------------------------|
| 3 - 4 | Rock R back, Recover onto L    |
| 5 - 6 | Step R fwd, Pivot 1/2 L - 3:00 |

7 - 8 Step R fwd, HOLD and snap fingers or clap

#### L SIDE, ROCK, CROSS, HOLD, R SIDE, ROCK, CROSS, HOLD

| E GIDE, NOON, ONOOO, HOED, NOON, ONOOO, HOED |  |  |  |
|--|--|--|--|
| 1 - 2  | Rock L out to side, Recover onto R             |  |  |
| 3 - 4  | Step L across R, HOLD and snap fingers or clap |  |  |
| 5 - 6  | Rock R out to side, Recover onto L             |  |  |
| 7 - 8  | Step R across L, HOLD and snap fingers or clap |  |  |

# SIDE TOUCHES, STEP FWD, STOMP, STEP FWD, STOMP UP

| 1 - 2 | Step L to side, Touch R toes next to L foot |
|-------|---|
| 3 - 4 | Step R to side, Touch L toes next to R foot |
| 5 - 6 | Step L fwd, Stomp R (weight on R)           |

7 - 8 Step L fwd, Stomp R but pick up your foot (weight on L) ready to start over.

#### **START AGAIN!**

This dance was named for my students in the Solivita Retirement Community, in Poinciana, FL.