# What I Am!



Count: 96 Wand: 2 Ebene: High Intermediate

Choreograf/in: Sólveig Ingólfsdóttir (SWE) & Elisabet Herngren (SWE) - June 2021

Musik: I Am What I Am (Ég Er Eins Og Ég Er) - Paul Oscar (Páll Óskar)



#### Choreographed for the linedance event "Lika värde" in Lerdala, Sweden

Intro: 16 counts intro from heavy beat (39 sec, 16c, 45 sec) Sequence: Section 1-12, 1-12, 1-10, 5-12, 11-12, 1-8, ending

## Section 1 [1-8] Weave 'Serpentin'

1-2	Step R forward, sweep L in front
3-4	Cross L over R, Step R to side
5-6	Step L behind R, Sweep R back
7-8	Step R behind L, Step L to side

#### Section 2 [9-16] Vine 1/4 turn, Step 1/2 turn, Step 1/4 turn, Forward

1-2-3	Step R to side, Step L behind, ¼ turn right step forward on R 3.00

4-5 Step L forward, ½ turn right weight on R 9.00 6-7 Step L forward, 1/4 turn right weight on R 12.00

8 Step L forward

## Section 3 [17-24] Weave 'Serpentin' (=section 1)

1-2	Step R forward, sweep L in front
3-4	Cross L over R, Step R to side
5-6	Step L behind R, Sweep R back
7-8	Step R behind L, Step L to side

#### Section 4 [25-32] Vine ¼ turn, Step ½ turn, Step ¼ turn, Forward (=section 2)

1-2	Step R to side, Step	L behind. ¼ tu	urn riaht step f	orward on R 3.00

3-4 Step L forward, ½ turn right weight on R 9.00 5-6 Step L forward, 1/4 turn right weight on R 12.00

7-8 Step L forward

## Section 5 [33-40] Cross, 1/2 turn, Forward L & R, Step 1/2 turn, Full turn

1-2	Cross R over L,	½ pivot left with we	ight on R (This	s Is Me) 6.00
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3-4 Step L forward, Step R forward

5-6 Step L forward, ½ turn right weight on R 12.00

7-8 ½ turn right back on L, ½ turn right forward on R (easier option walk L,R forward)

#### Arm movements in section 5

(This is me): on count 1 Cross arms in front of body in waist height, on count 2 Spread arms out with palms up

#### Section 6 [41-48] Forward, ¼ turn, ¼ turn, ½ turn, NC basic

1-2	Step L forward.	1/4 turn right with	weight on L (	(You're welcome)	3.00

3-4 ½ turn right forward on R, ½ turn right back on L 12.00

5-6 R to side, Drag L towards R7-8 Rock L behind R, Recover on R

Arm movements in section 6

(You're welcome): on count 1-2 Reach left arm to side

#### Section 7 [49-56] NC basic, Start of half diamond

1-2 Step L to side, Drag R towards L

3-4	Rock R behind L, Recover on L
5-6	1/4 turn left step R to side, Hold 9.00
7-8	1/8 turn left step back L, R 7.30

### Section 8 [57-64] Finish half diamond, Step 1/2 pivot, Coaster step

1-2 1/8 turn left step L to side, Hold 6.00

3-4 Forward R, L

5-6 Step R forward, pivot ½ turn left weight on R 12.00

7&8 Coaster step (L,R,L)

#### Section 9 [65-72] Extended shuffle diagonally, Step ½ turn x2

1&2& Small steps forward slightly on right diagonal R, L, R, L.

3&4 Small steps forward slightly on right diagonal R, L, R (I'm proud)

5-6 Step L forward, ½ turn right weight on R 6.00 7-8 Step L forward, ½ turn right weight on R 12.00

Arm movements in section 9

(I'm proud): On count 1-4 Slowly raise right arm forward and up with palm up

#### Section 10 [73-80] Vine, Cross, Rock, Recover, Cross, Touch

1-2 Step L to left side, Step R behind L3-4 Step L to left side, Step R cross over

5-6 Rock L to side, recover on R7-8 Cross L over, R touch R beside L

#### Section 11 [82-88] Box

1-2 Step R to side, Step L beside R
3-4 Step R forward, touch L beside R
5-6 Step L to side, Step R beside L

7-8 Step L back, Hold

## Section 12 [89-96] Back, Together, Cross, ½ turn, Forward

1-2 Step R back, Step L beside R

3-4 Hold (Together)

5-6 Cross R over L, 1/2 turn left weight on R (This is me) 6.00

7-8 Forward on L, Hold

## Arm movements in section 12

(Together): on count 1 Cross arms over chest, on count 2 raise them up and start circle to left with left arm and circle to right with right arm

on count 3-4 Finish circle and lower arms

(This is me): On count 5 cross arms in front of body in waist height, on count 6 spread arms out with palms up

Ending: Step R forward and raise both arms up and out and be proud of yourself