

And I Love Her

Count: 40

Wand: 4

Ebene: High Beginner

Choreograf/in: Obig Luvansyah (INA) - June 2021

Musik: And I Love Her - Chris Landmark : (Beatles Cover)



Intro : 16 Count

LONG STEP, HOLD, FORWARD, ROCK STEP, RECOVER, SIDE SHUFFLE

- 1 2 Long step Rf to R side, Hold
- 3 4 Step Lf next to Rf, Step Slightly Forward Rf
- 5 6 Rock Forward Lf, Recover on Rf
- 7 & 8 Step Lf 1/4 turn L, Step Rf next to Lf, Step Lf to L side (09.00)

ROCKING CHAIR, PIVOT TURN, FORWARD SHUFFLE

- 1 2 Step rock forward Rf, Recover on Lf
- 3 4 Step rock backward Rf, Recover on Lf
- 5 6 Step Rf forward, Pivot 1/2 turn L (03.00)
- 7 & 8 Step Rf forward, Step Lf next to Rf, Step Rf forward

ROCK STEP, RECOVER, SIDE, HIP BUMP, SIDE SHUFFLE

- 1 2 Step Rock Lf forward, Recover on Rf
- 3 4 Step Lf to L side, Step touch Rf Beside Lf with Hips R
- 5 6 Step Rf to R side, Step touch Lf beside Rf with Hips L
- 7 & 8 Step Lf to L side, Step Rf next to Lf, Step Lf to L side

CROSS, UNWIND FULL TURN, SIDE ROCK, RECOVER, CROSS, CROSS SHUFFLE

- 1 2 Cross step Rf over Lf, Unwind full turn L (Put your weight on Rf)

Optional step for beginner

- 1 2 Cross step Rf over Lf, Hold
- 3 4 Rock Lf out to L side, Recover on Rf
- 5 6 Cross step Lf over Rf, Small step Rf to R side
- 7 & 8 Cross step Lf over Rf, Small step Rf to R side, Cross Lf over Rf

BASIC NIGHT CLUB R, L

- 1 2 Long step Rf to R side, Drag Lf towards R
- 3 4 Step rock back on Lf, Rock forward on Rf
- 5 6 Long step Lf to L side, Drag Rf towards L
- 7 8 Step rock back on Rf, Drag Rock forward on Lf

Restart at wall 3 after 32 count (facing 06.00)

Enjoy the dance ...

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Last Update - 1 July 2021