# **Alcohol Free**



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Hyeon Gyeong Jang (KOR) - June 2021

Musik: Alcohol-Free - TWICE



### Start: 16 Count

#### Section 1: (Side, Together, Side, Bump, Bump) x2 step right to side, step left together 1-2 3&4 step right to side, left hip, right hip 5-6 step left to side, step right together 7&8 step left to side, right hip, left hip

# Section 2: Side Point with Hips Lifted & Dropped, Behind, Side, Cross, Hitch, Side, Together, Hitch, Side,

**Together** 

1&2 point right toes to right side as lifting hips up, drop hips down, lift hips up

3&4 cross right behind left, step left to left, cross right over left

5&6 left hitch, step left to left, step right together

\*Arms

\*5 both hands above your knees

## \*&6 right hand next to right waist, left hand next to left waist

7&8 right hitch, step right to right, step left together

\*Arms

\*7 both hands above your knees

\*&8 right hand next to right waist, left hand next to left waist

### Section 3: (Walk, Together, Back, Together) x2, K step

1&2& step right forward with body roll, step left together, step right back with body roll, step left

together

3&4& step right forward with body roll, step left together, step right back with body roll, step left

together

\*Arms

1-4 right hand next to right waist, left hand next to left waist

forward right diagonal right, touch left together, back left diagonal right, touch right together 5&6& 7&8& back right diagonal right, touch left together, forward left diagonal reft, touch right together

### Section 4: Vine, Ball touch, Together, Side, Together, Turn 1/4 right shimmy, Shimmy, Down hip, Up hip

1&2& step right to right, cross left behind right, step right to right, cross left over right

3-4 touch right to right, step right together,

5-6 turn ¼ right stepping right forward Shaking shoulders & hips, step left forward Shaking

shoulders & hips,

7-8 Down hip, Up hip with body roll

### Smile and enjoy the dance

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