

Border Town Bar (边境小镇酒吧) (zh)

COPPER KNOB
STEPSHEETS

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: Oliver Neundorf (DE) & Rico Zehe (DE) - 2021年06月

Musik: Border Town Bar - Marc Miner



Note: The dance begins with the use of the chant

编舞 : Oliver Neundorf (DJ Olli) & Rico Zehe

说明 : 64计, 4墙, 中线舞; 2次重启, 0个标签

音乐 : Marc Miner 的 Border Town Bar

注意 : 舞蹈开始于使用圣歌

S1: Kick 2x, rock back, step, pivot 1/2 l 2x

- 1-2 Kick right foot forward twice
3-4 Jump backwards kick forward with right / left foot - jump back onto the left foot
5-6 Step forward with right - 1/2 turn to the left on both balls, weight at the end on the left (6 o'clock)
7-8 As 5-6 (12 o'clock)
1-2 右脚向前踢两次
3-4 向后跳 用右/左脚向前踢 - 跳回左脚
5-6 向右前进 - 两个球向左转 1/2 圈, 重量在左侧 (6 点钟方向)
7-8 同 5-6 (12 点钟)

S2: Dwight swivels, vine r with stomp

- 1-2 Turn left heel to the right / touch right toe next to left foot, knee inward - Turn left toe to the right / touch right heel next to left foot, knee outward
3-4 As 1-2
5-6 Step to the right with right - cross left foot behind right
7-8 Step to the right with right - stomp left foot next to right (without changing weight)
1-2 将左脚跟向右转/触碰左脚旁边的右脚尖, 膝盖向内 - 将左脚脚尖向右转/触碰左脚旁边的右脚跟, 膝盖向外
3-4 作为 1-2
5-6 向右跨步, 左脚交叉在右后方
7-8 右脚向右迈步 - 左脚踩在右脚旁边 (不改变重量)

S3: Kick 2x, rock back, step, pivot 1/2 r 2x

- 1-8 As step sequence S1, but mirror-inverted starting with the left (12 o'clock)
1-8 与步骤序列 S1 相同, 但从左侧开始镜像反转 (12 点钟方向)

S4: Vine l with stomp, rock back, stomp 2

- 1-2 Step left with left - cross right foot behind left
3-4 Step to the left with left - stomp right foot next to left (without changing weight)
5-6 Jump backwards, kick forward with right / left foot - jump back onto the left foot
7-8 Stomp the right foot next to the left one twice (without changing weight)
1-2 向左迈一步, 左脚交叉在左后方
3-4 左脚向左迈步 - 右脚踩在左边 (不改变重量)
5-6 向后跳, 右脚/左脚向前踢——跳回左脚
7-8 右脚挨着左脚踩两下 (不改变重量)

S5: 1/4 Monterey turn r, jazz box with flick

- 1-2 Tap right toe on the right - 1/4 turn to the right and place right foot on left (3 o'clock)
3-4 Tap left toe on the left - place left foot next to right
5-6 Cross right foot over left - step back with left

- 7-8 Step to the right with right - left foot flick backwards
- 1-2 右脚尖在右侧 - 向右转 1/4 并将右脚放在左侧 (3 点钟方向)
- 3-4 左脚脚趾在左侧 - 将左脚放在右脚旁边
- 5-6 右脚跨过左脚 - 左脚后退
- 7-8 向右迈步 , 左脚向后轻弹

S6: Figure of 8 vine I

- 1-2 Step left with left - cross right foot behind left
- 3-4 1 /4 turn to the left and step forward with left - step forward with right (12 o'clock)
- 5-6 1 /2 turn left on both pads, weight at the end left - 1/4 turn left and step right with right (3 o'clock)
- 7-8 Cross left foot behind right foot - step right with right

(End: The dance ends after '3-4' - direction 9 o'clock; at the end '3/4 turn to the left and stamp the left foot in front' - 12 o'clock)

(Restart: In the 3rd and 6th round - towards 9 o'clock/ 6 o'clock - stop here and start over; on '8': 'Tap right foot next to left')

- 1-2 向左迈一步 , 左脚交叉在左后方
- 3-4 1 /4 向左转 , 向左前进 - 向右前进 (12 点钟)
- 5-6 1 /2 在两个垫子上左转 , 左端的重量 - 1/4 左转并踩踏 右与右 (3 点钟)
- 7-8 左脚交叉在右脚后——向右跨步

(尾声 : 舞蹈结束后'3-4'-方向9点 ; 结束时'3/4左转 , 左脚踩前'-12点)

(重新开始 : 在第 3 和第 6 轮 - 朝 9 点钟/6 点钟方向 - 停在这里并重新开始 ; 在"8"上 : "在左脚旁边轻敲右脚")

S7: Heel, touch, heel 2x, heel, heel, flick, scuff

- 1-2 Touch the left heel next to the right foot - Touch the left toe next to the right foot
 - 3-4 Tap the left heel twice next to the right foot
- (Option: instead of the 'heels', move the foot forward kick)
- 5-6 Tap jump to the left foot / right heel in front - jump to the right foot / left heel in front tap
 - 7-8 Jump to left foot / snap right foot backwards - swing right foot forward, heel let drag on the ground

(Option: instead of the 'heels', kick your foot forward)

- 1-2 触摸右脚旁边的左脚跟 - 触摸右脚旁边的左脚趾
- 3-4 在右脚旁边敲击左脚跟两次 (选项 : 而不是"脚后跟" , 向前移动脚踢)
- 5-6 Tap 跳到左脚/右脚跟在前面 - 跳到右脚/左脚跟在前面
- 7-8 跳到左脚/右脚后退——右脚向前摆动 , 脚后跟拖地 (选项 : 而不是"脚后跟" , 向前踢你的脚)

S8: Out, out, in, in (V-steps), applejacks (toe fans r + l)

- 1-2 Step diagonally to the front right with right - small step to the left with left (only put on the heel)
- 3-4 Step back to the starting position with right - put left foot next to right (a little apart)
- 5-6 Turn left toe / right heel to the left - turn feet back again
- 7-8 Turn left heel / right toe to the right - turn feet back again (weight at the end on the left)

Repeat until the end

- 1-2 右前方斜跨步 - 左小步向左小步 (只放在脚后跟)
- 3-4 右步回到起始位置 - 将左脚放在右边 (稍微分开)
- 5-6 将左脚趾/右脚跟向左转 - 再次将脚转回
- 7-8 将左脚跟/右脚趾向右转 - 再次将脚转回 (左侧末端的重量)

重复直到结束

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