

No Quiero Sufrir

Count: 32

Wand: 4

Ebene: Improver

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Musik: No Vale la Pena Sufrir - Limi-T 21



Intro 32 Counts - 1 TAG , 1 RESTART

Sect 1: FORWARD WALK, DIAGONAL BACK SHUFFLE

- 1 - 4 Walk forward on R-L-R-L
- 5 & 6 R diag back - L beside R - R diag back
- 7 & 8 L diag back - R beside L - L diag back

Sect 2: SIDE STEPS, HIP BUMP, SINGLE BUMPS

- 1 - 4 Step R to side - L next to R - step R to side - touch L with hip bump to left
- 5 - 8 Step on L - touch R bump hip to right - step on R - touch L bump hip to left

Sect 3: ROLLING VINE, TOUCH, CUMBIA

- 1 - 2 $\frac{1}{4}$ turn left step L forward - $\frac{1}{2}$ turn left step R back
- 3 - 4 $\frac{1}{4}$ turn left step L to side - touch R with hip bump to right
- 5 & 6 Cross rock R behind L - recover on L - step R to side
- 7 & 8 Cross rock L behind R - recover on R - step L to side

Sect 4: PIVOT $\frac{1}{2}$, PIVOT $\frac{1}{4}$, CROSS TOUCH, KICK, HOP & FLICK

- 1 - 2 Rock R fwd - turn $\frac{1}{2}$ left recover on L (6.00)
- 3 - 4 Rock R fwd - turn $\frac{1}{4}$ left recover on L(3.00)
- 5 - 6 Cross R over L - touch L to side
- 7 - 8 Kick L fwd - hop L to centre flicking R back

*TAG : after wall 3 (9.00)

- 1 - 2 Rock R to side - recover on L

*RESTART : on wall 7 (6.00)

Dance up to 16 counts with change step on count 16 step L beside R (instead of touch)

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