

# Self Control

Count: 32

Wand: 4

Ebene:

Choreograf/in: Peter Storey (AUS) - May 2021

Musik: Self Control (Extended Version) - Laura Branigan



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## WALK FWD 3, KICK, WALK BWD 3, TOUCH

- 1-4 Walk forward R L R & kick L forward  
5-8 Walk backward L R L & touch R beside L

## STEP FWD, LOCK, STEP FWD & SCUFF X2

- 1-4 Step forward R, Lock L behind R Step forward R Scuff L  
5-8 Step forward L, Lock R behind L Step forward L Scuff R

## VINE RIGHT STEP, JAZZ BOX IN PLACE WITH LEFT TOUCH ENDING

- 1-2 Step right foot to right side, step left foot crossed behind right  
3-4 Step right foot to right side, step onto left foot  
5-8 Step right foot across front of left, step back with left foot, step right foot to right side, Touch left foot beside right

## VINE LEFT TOUCH, JAZZ BOX ¼ TURN RIGHT

- 1-2 Step left foot to left side, step right foot crossed behind left  
3-4 Step left foot to left side, touch right foot beside left  
5-8 Step right foot across front of left, step back with left foot, turn ¼ right, step right foot to right side, step slightly forward with left foot

## REPEAT WHOLE SEQUENCE

No Tag/Restart

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