Back on My Feet



Count: 64 Wand: 2 Ebene: High Improver

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Musik: Back on My Feet - Kimberose



Intro: 16 counts 2 TAGS / 1 RESTART

Section 1 : STFP FWD	POINTE TO L	SNAP STEP EWI). POINTRIOR SNAI	2.JAZZBOX CROSS

1-2 Step RF forward - Point LF to L side and snap3-4 Step LF forward - Point RF to R side and snap

5-8 Cross RF over LF - Step back on LF - RF to R side - Cross LF over RF

Section 2: SIDE ROCK, RECOVER, CROSS, HOLD, 1/4 TURN R, 1/2 TURN R, ROCK FWD

1-2 RF side rock on R side - Recover (weight on L)

3-4 Cross RF over LF - Hold

5-6 Make ¼ turn r stepping back on LF - ½ turn R stepping forward on RF (9 o'clock)

7-8 Rock step forward on LF - Recover (weight on R)

Section 3: BACK, HOOK, STEP FWD, SCUFF, STEP LOCK STEP FWD, SCUFF

1-2 Step back on LF - Hook R3-4 Step forward on RF - Scuff LF

5-6 Step forward on LF - Lock RF behind LF

7-8 Step forward on LF - Scuff RF

Section 4: STEP TURN STEP, HOLD, FULL TURN, 1/4 TURN R, SIDE ROCK, RECOVER

1-2 Step RF forward - Make ½ turn L (3 o'clock)

3-4 Step RF forward - Hold

5-6 Make ½ turn R stepping back on LF - ½ turn R stepping RF forward 7-8 Make ¼ turn R with LF side rock - Recover (weight on R) (6 o'clock)

*RESTART : Here on wall 3 (after count 30) facing 6 o'clock, change step 7- 8 and Restart

*¼ TURN R - TOUCH

*7-8 Make 1/4 turn R with LF on L side - Touch RF next LF

Section 5: CROSS TOE STRUT AND SNAP, BACK TOE STRUT AND SNAP, SIDE JUMP, TOUCH, 1/4 TURN L JUMP, TOUCH

1-2 Cross L toe over RF - Strut LF hell and snap

3-4 Back R toe strut and snap

5-6 Jump LF on L side - Touch RF next LF and snap

7-8 Make ¼ turn L with jump RF on R side - Touch LF next R and snap (3 o'clock)

Section 6: ROCKING CHAIR, STEP FWD, 1/2 TURN R, JUMP, TOUCH

1-4 Rock step LF forward - Recover on RF - Back rock step LF - Recover on RF (weight on R)

5-6 Step LF forward - Make ½ turn R (weight on R) (9 o'clock)

7-8 Jump LF forward - Touch RF next LF and snap

Section 7: SIDE, TOUCH, SIDE, TOUCH, ROLLING VINE, BRUSH

1-2 Step RF on R side - Touch LF next RF and snap3-4 Step LF on L side - Touch RF next LF and snap

5-8 Make ¼ turn R stepping RF forward (12 o'clock) - Make ½ turn R stepping LF back (6

o'clock) - Make 1/4 turn R stepping RF on R side (9 o'clock) - Brush LF forward

Section 8: JAZZBOX 1/4 TURN L, TOUCH, OUT OUT - IN IN

1-4 Cross LF over RF - RF back - Make ¼ turn L stepping LF forward - Touch RF next LF (6 o'clock)

5-8 RF out on R diagonal - LF out on L diagonal - RF back to center - LF back to center

TAG 1: 16 CPTES: END WALL 1 (facing 6 o'clock)

STEP FWD, HOLD AND SNAP, ½ TURN L, HOLD AND SNAP, STEP FWD, HOLD AND SNAP, ½ TURN L, HOLD AND SNAP

1-2 Step RF forward - Hold and snap

3-4 Make ½ turn L (weight on LF) - Hold and snap

5-6 Step RF forward - Hold and snap

7-8 Make ½ turn L (weight on LF) - Hold and snap

RF OUT, HOLD AND SNAP, LF OUT, HOLD AND SNAP, RF IN, HOLD AND SNAP, LF IN, HOLD AND SNAP

1-2 RF out - Hold and snap
3-4 LF out - Hold and snap
5-6 RF in - Hold and snap
7-8 LF in - Hold and snap

TAG 2: 32 cptes: END WALL 4 (TAG 1 X2) (facing 12 o'clock)

-REPEAT ENJOY