

Sleeping Bag

Count: 36

Wand: 4

Ebene: Intermediate

Choreograf/in: OliSien (BEL) - May 2021

Musik: Sleeping Bag - Milow & Ilse DeLange



Dance info: intro on lyrics after 16 quick counts.

S1: Step, lock, step, step, lock, step, step, hold (diagonal)

1-2-3-4 Step RF diagonal forward, cross LF behind RF, step RF forward, step LF forward diagonal
5-6-7-8 Cross RF behind LF, step LF forward, step RF forward, hold (12.00)

S2: Mambo fwd, hold, mambo back, ½ turn L, close LF beside RF

1-2-3-4 Step LF forward, recover on RF, step LF back, hold
5-6-7-8 Step RF back, recover on LF, ½ turn L step RF back, closing LF beside RF(6.00)

S3: Cross samba, hold, cross samba with ¼ turn L, hold

1-2-3-4 Cross RF over LF, step LF to L side, recover on RF, hold
5-6-7-8 Cross LF over RF, step RF to R side making ¼ turn L, recover on LF, Hold (3.00)

S4: Monterey ¼ turn R, monterey ¼ turn R

1-2-3-4 Point RF to R, making ¼ turn R place RF next to LF, point LF to L, place LF next to RF (6.00)
5-6-7-8 Point RF to R, making ¼ turn R place RF next to LF, point LF to L, place LF next to RF (9.00)

S5: Kick ball step fwd, hold (twice on wall 7)

1-2-3-4 Kick RF forward, step RF in place, step LF beside RF, hold (9.00)

On wall 7 do the Kick ball step twice

Restart after 32 counts on walls 10,11,12 (you don't do the kick ball step)

Enjoy the dance
