

The Bayou

Count: 48

Wand: 4

Ebene: High Beginner

Choreograf/in: Deb Eldridge (USA) - May 2021

Musik: In The Bayou - Laine Hardy



Restart on wall 3 after 16 counts

[1-8] Toes strut Hips Bumps

- 1-2 Right toe, heel - bumping hips
- 3-4 Left toe, heel - bumping hips
- 5-6 Right toe, heel - bumping hips
- 7-8 Left toe, heel - bumping hips

[9-16] Rock Recover, 1/2 turn shuffle, Step back 1/2, together, coaster step.

- 9-10 Right foot rock forward, recover on left foot
- 11&12 1/2 turning Shuffle R,L,R
- 13-14 Step Left 1/2, Right foot Together next to left
- 15&16 Left Coaster step (left foot back, right foot together, left foot forward)

****** Restart here on Wall 3******

[17-24] Grapevine with a cross, side rock, behind and cross

- 17-20 Step Right foot to the side, Left foot behind, Right foot to the side, Cross Left for over Right
- 21-22 Right foot Rock to the side, recover Left foot
- 23&24 Right foot behind, left foot to the side, right foot cross in front of left

[25-32] Heel grind 1/4 turn left, coaster step, step forward, touch (1 clap), step back, touch (2 claps)

- 25-26 Left heel forward, grind 1/4 turn left
- 27&28 Left coaster step (left foot back, right foot together, left foot forward)
- 29-30 step right foot forward on an angle and clap
- 31-32 step left foot back on an angle and clap 2 times

[33-40] Lindy right and left

- 33&34 Step side together, side R,LH,
- 35-36 Rock back Left foot, Recover Right Foot
- 37&38 Step side together, side L,R,L
- 39-40 Rock back Right foot, Recover Left Foot

[41-48] 2 Kickball change, 2 Pivot 1/2 turns

- 41&42 Kick right foot forward, step right foot, step left foot
- 43&44 Kick right foot forward, step right foot, step left foot
- 45,46 Step right foot forward, pivot 11/2 turn
- 47,48 Step right foot forward, pivot 11/2 turn