

# At the Twist and Shout

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Roger Neff (USA) - April 2021

Musik: Down At the Twist and Shout - Mary Chapin Carpenter



**Intro: 16 counts - No tags or restarts**

## **[1-8] R AND L LOCK STEPS FORWARD, MAMBO STEP, HITCH, COASTER STEP**

1&2 Step fwd on RF, Lock LF, Step fwd on RF  
3&4 Step fwd on LF, Lock RF, Step fwd on LF  
5&6& Rock fwd on RF, Recover on LF, Step back on RF, L Hitch  
7&8 Step back on LF, Close RF, Step fwd on LF

## **[9-16] POINT R TOE OUT-IN-OUT, CROSS SHUFFLE, TRIPLE STEP ¼ L, TRIPLE STEP ¼ L (6:00)**

1&2 Point R toe out-in-out  
3&4 Step RF over LF, Step to L, Step RF over LF  
5&6 Triple step L,R,L turning ¼ to L (9:00)  
7&8 Triple step R,L,R turning ¼ to L (6:00)

## **[17-24] STEP L BEHIND R, STEP RF BESIDE LF, HEEL, STEP, CROSS SHUFFLE, STEP BACK ON LF, TOUCH R TOE BESIDE L, BACK ON RF, TOUCH L TOE BESIDE RF, L COASTER STEP**

1&2& Step back on LF behind RF, Step on RF beside LF, Touch L heel forward, Step back on LF  
3&4 Step RF over LF, Step to L, Step RF over LF  
5&6& Step back on LF, Touch R toe beside LF, Step back on RF, Touch L toe beside RF  
7&8 Step Back on LF, Close RF, Step fwd on LF

## **[25-32] R SIDE ROCK CROSS WITH TOE-HEEL, L SIDE ROCK CROSS WITH TOE-HEEL, POINT R AND L TOES TO SIDE AND BACK, TOUCH R AND L HEELS FORWARD AND BACK**

1&2& Rock to R, Recover on LF, Cross RF over LF on ball of foot, Drop heel  
3&4& Rock to L, Recover on RF, Cross LF over RF on ball of foot, Drop heel  
5&6& Point R toe to side, Step home, Point L toe to side, Step home  
7&8& Touch R heel forward, Step home, Touch L heel forward, Step home

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