

Loca Remix

Count: 32

Wand: 4

Ebene: High Beginner Cumbia

Choreograf/in: Kyung Hee Lee (KOR) - May 2021

Musik: Loca Loca (feat. Ros Medina) (Remix) - Dj Berta



Start the dance after 40 counts

SECTION 1: SIDE, CROSS, SIDE, CROSS TOUCH, SIDE, TOUCH, TOUCH, FLICK

- 1-4 Step LF side, cross RF over LF, step LF side, cross touch RF over LF
5-8 Step RF side, touch LF forward, touch LF to L side, flick LF behind RF

SECTION 2: (SIDE, TOUCH) X 2, FORWARD MAMBO, HOOK

- 1-4 Step LF side, touch RF next to LF, step RF side, touch LF next to RF
5-8 Rock LF forward, recover on RF, step LF backward, hook RF

SECTION 3: FORWARD SHUFFLE, 1/2 TURN TO R WITH BACKWARD SHUFFLE, BACKWARD ROCK RECOVER, 1/4 TURN TO L WITH SIDE, TOUCH

- 1&2 Step RF forward, closed LF next to RF, step RF forward
3&4 1/2 turn to R stepping LF backward, closed RF next to LF, step LF backward
5-8 Rock RF backward, recover on LF, 1/4 turn to L stepping RF side, touch LF next to RF

SECTION 4: ROCKING CHAIR WITH SHIMMY, FORWARD, 1/2 TURN TO R WITH DRAG, FORWARD, TOUCH

- 1-4 Rock LF forward, recover on RF, rock LF backward, recover on LF (while doing rocking chair, you should doing shimmy)
5-8 Step LF forward, 1/2 turn to R and drag RF to LF without weight, step RF forward, touch LF next to RF

NO TAG, NO RESTART

Enjoy dance!

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